(Binah) - Seeking meaning

(Related to l’havin, to understand, to discern)

Quotes to foster understanding:
Who is wise? One who learns from all people - Pirke Avot

Situations in which this midah might be appropriate:
- New Campers
- New activities
- J-life
- T’fillah/ Birkat Hamazon
- Song Session

Reinforcing example:
Counselor in response to seeing a camper engaged in a J-life program, Learning a new skill, seeing understanding in the eyes or face of a camper for the first time regarding anything, says, “Now that’s using your Binah! – learn everywhere!”

Redirecting example
Camper says, “I already know this,”
Counselor says, “There is always more to learn. Show your Binah by helping others maybe you will learn something by teaching?
Camper says, “Why do we have to learn this...,”
You can find Binah in everything, Let’s talk about what this means (or doesn’t) mean to you.

How to use Binah in a sentence:

How are you going to increase your Binah (or how did you increase your Binah) today?
What did you learn? What did you figure out?

There are so many ways to gain Binah at Camp. We can find meaning almost anywhere.

There should be Binah behind everything that we do. We need to understand why we do somethings and not others.

Have you found Binah?