

תִּפְאֶרֶת (Tiferet) - Finding Inner Beauty and Balance

(Related to beauty/splendor)

Quotes to foster understanding:

Do not look at the container, rather what is in it - Pirke Avot

At camp we want to focus on the type of person you are on the inside. We don't want to over emphasis looks, clothing etc.

Situations in which this middah might be appropriate:

Having difficulty finding clothes that fit (especially during programming that involves clothes)

A camper who is worried about how they look, or overly fixated on a particular body part/ flaw

Reinforcing example:

Counselor in response to seeing a camper feel better about how they look, or deciding to wear something more comfortable or practical over something that looks good, etc., says, "Way to focus on your *Tiferet*, it what on the inside that matters.

Redirecting example

Right before Shabbat a camper says, "I look so horrible in white."

Counselor says ... at camp we all wear white so we can focus on the inside not the outside. It's about Tiferet, finding inner beauty.

How to use *Tiferet* in a sentence:

We can find *tiferet* when we look on the inside not focus on the outside.

I love camp because it helps me focus on finding *tiferet*, I don't need to think about what I wear, I get to think about who I am.

Can you see your *Tiferet*?