

אַחֲרֵיּוֹת (Achreyut) - Thinking about Others

(From the root Acher/Other)

Quote to foster understanding:

“Whoever destroys a soul, it is as if that person has destroyed the entire world, whoever saves a soul, it is as if that person has saved the entire world. - Talmud

Being attentive to others feelings and needs is what fosters the growth of relationships and friendship.

Situations in which this middah might be appropriate:

During a Game/activity (letting everyone play)
Sloppy area
Bad behavior/language (affects everyone)

Being late
In the cabin
Before bed (being nosy while others are tired)

Reinforcing example:

Counselor in response to seeing a camper go out of his or her way to include another camper in something, especially if might cause the first camper some discomfort or (for example) to lose the game etc., says, “Great act of *Achreyut*. Thank you for your help making sure everyone is included.”

Redirecting example

When a camper’s negative behavior impacts the groups/cabins/team's ability to have fun/learn/achieve etc., Counselor says, “I understand that this is hard for you/ not where you want to be right now/ not what you want to do right now/ and we can talk about that later. Please though take a moment to recognize you’re your behavior/actions are affecting everyone. Please try and practice a little *Achreyut*, and pay attention to how others are feeling. Thank you.”

How to use *Achreyut* in a sentence:

We practice *Achreyut* in the cabin when we respects everyone’s space and property. We practice *Achreyut*, when we clean up after ourselves in the bathroom, and by limiting the time of showers so that everyone can get ready on time.

Have fun today! Put *Achreyut* in your head and take good care of each other.