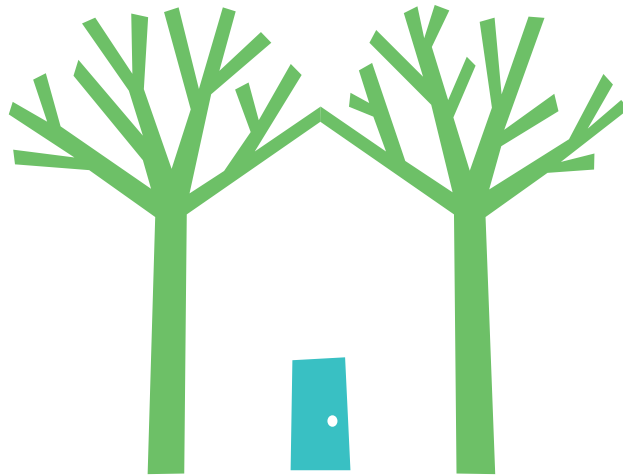


Fellow Manual



FOUNDATION FOR
**JEWISH
CAMP**

Cornerstone Fellowship

May 24–27, 2010

11–14 Sivan, 5770

Capital Camps and Retreat Center

The Cornerstone Fellowship, a Jewish leadership development program of the Foundation for Jewish Camp, is made possible through the generous support of the AVI CHAI Foundation.

“A community is too heavy
for anyone to carry alone.”

- Deuteronomy *Rabbah* 1:10

Introduction

Dear Cornerstone 2010 Fellow,

On behalf of all of us at the Foundation for Jewish Camp, we are pleased to welcome you to the Cornerstone Fellowship 2010! As a Cornerstone Fellow, you will receive professional training on how to maximize your impact as a Jewish role model for your camp. We hope you will hone skills and acquire knowledge during the Seminar that will help you design new programs so that your campers can have transformative Jewish experiences with you this summer.

We at the Foundation for Jewish Camp firmly believe that Jewish camp can make an impact on a camper forever—providing them with rich Jewish experiences to remember, lifelong Jewish friends, and new Jewish rituals to explore throughout their lives. You are inspiring the future generation of Jews throughout North America to be connected to their heritage.

We hope you will be inspired by this experience to become wiser—for your camp and for your life. We ask that you challenge yourself and challenge others: Think broad and think big. Stretch your normal comfort zone and explore the many ways of engaging in Judaism. Revive your favorite camp moments and enhance them for the next generation—*Mi Dor L'dor* (from generation to generation). Transform yourself and your camp community for the future!

As much as camp is all about the campers, we believe that you, too, will be transformed. As reported in a recent AVI CHAI study by researcher Jack Wertheimer, two-thirds of emergent leaders in the Jewish community are the product of Jewish camp. We look forward to watching you make a lasting impact on your campers, camp, the Jewish community, and the world.

Sincerely,



Becca Shimshak
Program Manager
Foundation for Jewish Camp



Rabbi Avi Katz Orlow
Jewish Education Specialist
Foundation for Jewish Camp

Dear Cornerstone 2010 Fellow,

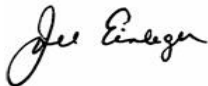
I am delighted that you were chosen for the 2010 Cornerstone program by your Camp Director. You are joining a program with 1,150 past participants who have contributed their energy, ideas and activities to create a stronger Jewish camp experience during the summer. Their accomplishments in many cases were memorable...and we expect that your contributions will be as well!

Why did your Director nominate you for this Fellowship? In developing the Cornerstone program, AVI CHAI and the Foundation for Jewish Camp recognized the long-term impact that experienced counselors have on their younger counselors and campers. Your junior counselors and campers look up to you—and for good reason. Many of them feel comfortable talking to you about themselves and their lives at home or school. Just ask my 14 year-old daughter, for whom her counselors are the final say in what's cool and what becomes important to her. I hear about these role models and what they did together at camp all during the year. She can't wait to see them again this summer.

AVI CHAI is a philanthropic foundation that wants to strengthen the bonds among Jews and the connections to their heritage. The influence you can have on your campers and junior staff at this formative stage of their lives, and the positive Jewish memories that you create with them at camp, are immeasurable. That's what this is about!

During the next few days you will have a chance to learn from an amazing array of educators, leaders, thinkers and performers, and to also share your knowledge and experience with others. You'll be exposed to new ideas and programs that will help you to become an even stronger Jewish role model for your campers. Along the way you'll have fun, meet counselors from other Jewish camps who are as crazy about their camp as you are about yours, learn their camp traditions, and share common challenges. It will be an experience you will long remember.

I wish you a successful end for your school year and look forward to seeing you at camp!



Joel Einleger, Program Officer, AVI CHAI Foundation

AVI CHAI

AVI CHAI is a private foundation established in 1984 which functions in the United States, Israel and the former Soviet Union. The mission of the foundation is to encourage Jews of all beliefs towards a greater commitment to Jewish observance and lifestyle and to foster a mutual understanding and sensitivity among Jews of different religious backgrounds and practices. The foundation focuses most of its efforts in North America on day schools and Jewish overnight summer camps.

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Fellow Seminar Schedule at a Glance

Monday, May 24		
3:00 PM	Fellows Arrive/Registration/Snack	Reich Hill Theatre
3:30 PM	Shuttle for Fellows*	Reich Fire Pit
4:00–4:45 PM	Opening Program	Theatre
5:00–5:45 PM	Intensive Part I: Meet and Greet	See Session Schedule
6:00–7:30 PM	Dinner	Dining Hall
7:45–9:15 PM	Camproom	See Session Schedule
9:15–9:30 PM	Optional Evening Prayers	Lodge Aleph Basement
9:30–10:00 PM	Evening Experience: Cornerstone Luau (<i>Bring your swim gear with you at 4 PM</i>)	Pool
9:30–11:00 PM	Shuttles for Fellows*	Counselor Lounge Awning
Tuesday, May 25		
7:15–7:45 AM	Optional Morning Prayers	Reich Hill
7:20 AM, 7:30 AM, 7:40 AM	Shuttles for Fellows*	Reich Fire Pit
8:00–8:45 AM	Breakfast	Dining Hall
9:00–9:45 AM	Morning Mingle	Dining Hall
10:00–11:15 AM	Intensive Pillar Session: ConTEXT	See Session Schedule
11:30 AM–12:45 PM	<i>L'Shema</i>	See Session Schedule
1:00–2:15 PM	Lunch	Dining Hall
2:30–2:45 PM	Optional Afternoon Prayers	Lodge Aleph Basement
2:30–3:15 PM	Break	
3:30–4:45 PM	Pillar Session: Role Modeling	See Session Schedule
5:00–5:45 PM	Intensive Part II: Debrief Session	See Session Schedule
6:00–7:30 PM	Dinner	Dining Hall
7:45–9:15 PM	Camproom	See Session Schedule
9:15–9:30 PM	Optional Evening Prayers	Lodge Aleph Basement
9:30–10:00 PM	Evening Experiences	See Session Schedule
9:30–11:00 PM	Shuttle for Fellows*	Counselor Lounge Awning
Wednesday, May 26		
7:15–7:45 AM	Optional Morning Prayers	Reich Hill
7:30 AM, 7:40 AM, 7:50 AM	Shuttles for Fellows*	Reich Fire Pit

8:00–8:45 AM	Breakfast	Dining Hall
9:00–9:45 AM	Morning Mingle	Dining Hall
10:00–11:15 AM	Pillar Session: Ritual	See Session Schedule
11:30 AM–12:45 PM	<i>L'Shma</i>	See Session Schedule
1:00–2:15 PM	Lunch	Dining Hall
2:30–2:45 PM	Optional Afternoon Prayers	Lodge Aleph Basement
2:30–3:15 PM	Break	
3:30–4:45 PM	Pillar Session: Relationship	See Session Schedule
5:00–5:45 PM	Intensive Part III: Bringing it Back to Camp	See Session Schedule
6:00–7:30 PM	Dinner	Dining Hall
7:45–9:15 PM	Camproom	See Session Schedule
9:15–9:30 PM	Optional Evening Prayers	Lodge Aleph Basement
9:30–10:00 PM	Evening Experiences	See Session Schedule
9:30–11:00 PM	Shuttle for Fellows and Directors*	Counselor Lounge Awning
Thursday, May 27		
7:00–7:45 AM	Optional Morning Prayers	Reich Hill
7:30 AM, 7:40 AM, 7:50 AM	Shuttles for Fellows: Bring Luggage!*	Reich Fire Pit
8:00–8:45 AM	Breakfast	Dining Hall
9:00–9:30 AM	Closing Program	Dining Hall
9:30–10:00 AM	Grab Bag Lunches and Find Your Bus	
10:30 AM	Buses Depart with Bag Lunches	

*Before you catch the shuttle, make sure you bring everything you need for the day with you. On Monday afternoon, when you go down for the opening program, make sure you have your swim gear in your bag for the Cornerstone Luau!

If you need something from your cabin throughout the day and cannot make the hike, ask a Cornerstone staff member for assistance.

Note: Each morning, Faculty will meet with Liaisons/Shutafim immediately after breakfast in Lodge Aleph basement (except for Wednesday morning when the meeting will be held in the Counselor Lounge with Directors).

Seminar Components

Opening/Closing Program: These programs highlight the key components of the seminar and empower the Fellows to succeed in the implementation of their work at camp.

Morning Mingle: During this time, Fellows will exchange ideas around programs that they do at camp. Event staff will run these sessions (group information is listed on your personalized schedule).

Evening Experiences: Fellows will be able to casually engage with experiential programming.

Monday night

Cornerstone Luau! Staff bonding is an important aspect of building an effective team, so come to the pool and unwind with 350 new friends! There will be plenty of activities, food, music, and informal education, so come ready to have fun. Don't forget your bathing suit!

Tuesday night

- **Jewish Yoga:** Abby Gondek helps you relax before you go to sleep! Come practice yoga while listening to mellow Jewish music. Learn how to correlate yoga movements with Hebrew prayers. Teach these in your bunk, during downtimes, or to close the day.
- **Interpretive Dance:** Dalia Davis helps you explore the world of interpretive dance. Learn a new way to express yourself!
- **Journaling:** Joy Langer and Sarra Alpert help you mine your personal creativity through writing and watercolor in the art studio. Music, art, and interesting questions will provide inspiration for your personal creativity.
- **Lantern Festival:** Efraim Yudewitz modifies ancient Buddhist tradition by combining with a Jewish Twist. Combine your own personal thoughts, prayers and reflection with artistic creativity, building and fire.
- **Singing & Storytelling:** Join Abby Uhrman and Jen Gubitza for an evening of singing, storytelling, and spending time with old friends and new. Learn some new songs and share your camp's favorite tunes and nighttime rituals and traditions!

Wednesday night

- **River Meditation:** Join Seth Wax and Josh Lake in this short meditation, by the side of a river, affording yourself time to explore the flow of your thoughts in a quiet, peaceful and contemplative environment.
- **Campfire Stories:** Join Noam and Jonah by the campfire as we sing songs and tell stories.
- **Whose Pasuk is it Anyway?:** JAR will lead the group in Jewish-themed Improv games that are great back pocket activities for rainy days at camp. You can come to play or just to watch!
- **Zionism Through the Ages** with Mushon Samuels, Camp Ramah in Canada Liaison/*Shutafim* Representative: Examine your relationship with Israel and get a peek at some modern Israeli films!
- **Israeli Dancing** with Dalia Davis
- **Art on Display:** Browse through to the Arts and Crafts bunk to see the variety of art projects that have been created over the course of Cornerstone

Themes for Meals: Based on your requests, you will be sitting for one meal with other fellows interested in a certain topic. Please see your personal schedule for table assignments.

Prayer Ritual Experiences/Minyan: At Cornerstone, we will have optional prayer experiences provided to you each morning. Explore different ways to bring prayer and spirituality into your camp's summer experience as you begin your day with one of our prayer experience options. Worried about waking up early? Have some coffee, tea and/or cocoa with us after services!

Each morning, up the hill, there will be 3 options:

- Traditional *mechitza*
- Traditional egalitarian
- Alternative
 - Tuesday: text study
 - Wednesday: musical service
 - Thursday: movement/dance prayer experience

Afternoon and evening services have 2 options: traditional *mechitza* and traditional egalitarian, and will happen in the main part of camp, in Lodge Aleph Basement.

Intensives: Fellows attend one Intensive Pillar session, and then attend three discussion groups with that same Faculty member. These will be small group discussion groups where Fellows work with others who share similar interests and can brainstorm how to bring these ideas back to camp.

Director Day: Directors are invited to attend to learn the curriculum and support their Fellows in designing their Action Plan. All new camps are required to send their directors. Returning camps have the option to attend or provide support in other ways that they find effective.

Magic Box: We have set up a “Magic Box” for you to share what you are learning throughout the Cornerstone Seminar. What did you love? How has this experience impacted you? Submit your insights on index cards throughout throughout the week in the “Magic Box”!

Input & Suggestions: The Cornerstone Seminar changes from year to year, and your thoughts are vital to help the program grow. You will receive an electronic survey about Cornerstone after you leave. Please fill out this survey within one week of the Seminar.

Logistical Information/Emergency Procedures

- We made every effort to accommodate your rooming requests. Onsite, due to safety and capacity reasons, your cabin assignment cannot be switched. We hope you will enjoy reconnecting with old friends and meeting some new ones!
- Everyday you should bring down with you anything you need for the day.
 - For sessions, bring your nametag, notebook, pen, the fellow manual, and any session-specific materials.
 - For yourself, bring a bathing suit, sneakers, water bottle, any meds you may take and anything else you need for the day.
- Please wear your name tags at all times – don’t you want to know who everyone is and where they came from? We all feel that way!
- Please do not use your cell phones during sessions.
- Do you have questions about your sessions, not sure where to go, need a Band-Aid, or just forgot what time dinner is? Visit the Cornerstone Check-in Desk located outside the dining hall for more information!
- We have a zero tolerance policy at Cornerstone: this is a drug and alcohol free zone!
- Cornerstone is on a closed campus. Please stay on the premises.
- Cornerstone is curfew-free, but please self-monitor so you can maximize your seminar experience.
- In order to be respectful of everyone attending Cornerstone, please turn out your cabin's lights at midnight and keep noise in and around cabins to a minimum after midnight.
- FJC maintains high level of professionalism. We expect you to act professionally, take advantage of the sessions, and self-monitor your phone usage.
- There are computers, wireless internet, and, after 9:30 PM, TV in the Counselor Lounge.
- Missing your schedule? Please see Jenni Tandet at the Check-in Desk.
- Please clean up after yourselves and respect the beautiful facility at Capital Camps.
- iPods for Meals: If you have a playlist you think would be fun to play during meals please bring them to Jenni Tandet. Let's rock it out!

Free Time

During afternoon free time, take advantage of the beautiful campus and gifted Cornerstone faculty and staff by joining us for:

- Frisbee: Toss a disc with Cornerstone Faculty, Liaisons, *Shutafim* and Fellows!
- Swimming: Cool off in the beautiful Capital Camps pool – just make sure you bring your SPF and a towel!
- Basketball: Shoot some hoops with Cornerstone friends, new and old!
- Jewish. Music. Rocks.: Not to be confused with a Geology course, this session is a chance to sing, jam and learn new Jewish tunes to enliven the musical playlist at your camp. There will be some advanced songleading techniques, as well as an opportunity to share memorable musical moments that have the power to create sacred community in any camp setting.

Shuttle Information

Shuttles will run at 7:30 AM, 7:40 AM, and 7:50 AM from the top of the hill to main camp in the morning before breakfast. In the evening, the shuttles will run regularly from 9:30 AM until 11:00 PM.

DON'T FORGET! Make sure you bring everything you need for the day in your backpack! If you need something from your cabin and cannot make the hike, ask a Cornerstone Staff member for assistance.

Departure Information

Thursday morning is the last day of the seminar.

- All participants should check out of their bunk with ALL of their belongings prior to breakfast.
- Bring your luggage with you on your way to breakfast and drop it off in the Counselor Lounge.
- Please make sure you put your belongings under your CAMP SIGN.
- After the closing program we will load the buses to depart Cornerstone.
- Before you get your belongings make sure to take a box lunch for the ride.

Emergency Procedures

In all events that require urgent care, contact a Cornerstone Staff Member. During program times, this means you can go to the Cornerstone Check In Desk. After hours, there will be a Capital Camps person available for you at the following numbers: either ext. 248, or, from an outside line, 717.977.8449. There will also be one FJC Staff Member who will be On Duty up the hill, should you require emergency assistance.

Fire Meeting Locations

In case of a fire, please follow instructions from FJC Managers Becca Shimshak, Sarah Kreps and the Cornerstone Event Staff.

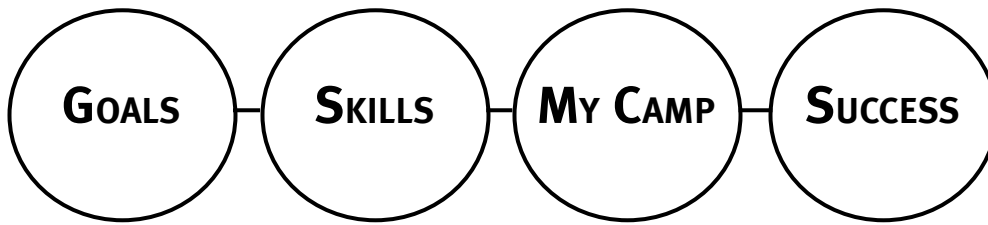
If it is during the day:

- The entire seminar will meet at the main playing field
- Each liaison will gather around their faculty advisor.
- Each camp (fellows, directors, *shutafim*, visitors) will gather and sit with their liaison.
- Each liaison will count their staff.
- Each faculty advisor will gather confirmation from liaisons that all members of their camp group are present.
- Each faculty advisor will report that all camps are present with Becca Shimshak.

If it is during the night:

- Event staff will be sent to each village to wake one fellow/liasion in each cabin to make sure all participants are accounted for.
- Event staff will be sent door-to-door at staff and visitor rooms to ensure all are accounted for.

The Cornerstone Experience: A Cycle



Goals

What Goals Will I Achieve For My Camp This Summer By Participating in Cornerstone?

- Run a training or Jewish educational program for the entire camp staff during staff week
- Implement a buddy program with first year staff members
- Re-design or create at least two programs over the course of the summer to enhance the Jewish experience for campers
- Meet weekly to check in on implementation of programs and to explore your own personal Jewish identity

Skills

How Will I Gain the Skills to Achieve These Goals?

Your FJC Resources

Training: During this Seminar, you will attend the following types of sessions to help you develop your skills as a Jewish leader, educator, and role model.

Cornerstone Resource Guide: Each camp will receive a Resource Guide with all the program templates for the Cornerstone 2010 Core Curriculum. This Guide is bound for your use at camp.

Faculty Advising: Each camp has been assigned a Cornerstone Faculty Advisor. That Faculty member will advise your camp throughout the Cornerstone experience and visit your camp over the summer to assist in program implementation.

CDs and Flash Drive: Your camp will receive the Cornerstone Resource Guide on a flash drive to use on your computer and a 2-CD set with Cornerstone songlists. You can pull and implement a program and/or bust a move and rock out to a wide variety of songs and Israeli dance music on the CDs.

A Taste of Cornerstone: During a site visit, Faculty Advisors will provide additional sessions with second year counselors so they may be exposed to what the Cornerstone experience is like.

Core Curriculum: Philosophy and Goals of the Cornerstone Pillars

What is the magic of camp? How do we explain that magic, and how do we replicate it? We have created a framework of four dynamics for understanding the magic of Jewish summer camp. The Cornerstone curriculum is elective-based and organized around the four pillars explained below.

Pillars: Each Corresponds to One Aspect of the Cornerstone Action Plan

1. Leading Through Role Modeling and *Ruach*

The goal of this pillar is to develop and utilize with the Fellows various leadership approaches and styles in a confident way that is reflective of camp philosophy and Jewish Identity.

2. Giving Camp Life a Jewish ConTEXT

The goal of this pillar is to create with the Fellows a working knowledge and comfortable accessibility to resources that can help them facilitate Jewish education in their camps.

3. Creating and Understanding Effective Camp Ritual, Tradition and Programming

The goal of this pillar is to help Fellows gain the tools to plan, design, implement and facilitate programs that challenge their campers to learn, grow, and develop as Jewish people.

4. Building and Maintaining Healthy Relationships within the Camp Community

The goal of this pillar is to give Fellows the tools to successfully navigate the camp community and to build and maintain successful relationships among staff.

My Camp

How Will I Adapt These Goals to Apply to My Camp?

Cornerstone Action Plan

The Cornerstone Action Plan is outlined for you by your director to create and improve Jewish programming at your camp. Work on your action plan with your camp's cohort of fellows, liaisons, director and *Shutafim* (if applicable), using the questions here to modify and mold your camp's action plan into a guide for your work this summer.

1. Staff Training Week (Pillar) – Cornerstone Fellows are expected to implement one training session.

Determined by Director

- What time structure will Fellows utilize to design training sessions for staff week?
- Who will the Fellows train?
 - Cross-Unit training
 - Unit training
 - Staff-wide, whole camp training

Determined by Fellows (may include further instruction from Director)

- What topics will Fellows cover?
- At what point in the training week will this occur?
- Is this something that could become a new annual ritual at camp?
- Will we offer any staff development sessions at other points in the summer? If so, what topics and which of us will be responsible for content?

2. First-Year Counselor Buddy Program (Pillar)

Determined by Director

- What will this look like (small group, one-on-one, etc) and who will coordinate it?
- How often will the program meet?
- How will the program be introduced to the camp?

Determined by Fellows (may include further instruction from Director)

- Who has to be informed or included to ensure its success?
- What will be its content? (Sharing experience, goal setting, etc)
- How will the Liaison keep track of who is meeting with whom?
- How will the Fellows measure success for this program?

3. Jewish Programming (Pillar) – Each session, programs should be repeated so all campers can experience it.

Determined by Director

- What are our Jewish experiential educational goals for programmatic change that will reflect our camp's Jewish mission and Jewish philosophy?
- How will this make long-term systematic change at camp?
- Will we change existing programs or create new ones? One program must be for the bunk, and the second program can be for bunk, unit or all of camp.
- Who do we have to coordinate with to ensure success?

Determined by Fellows (may include further instruction from Director)

- How do we measure success in Jewish Programming at our camp?
- What will those programs be?
- Who of us will be in charge of each one including arranging any materials required?

4. Weekly Meetings (Pillar: Giving Camp Life a Jewish ConTEXT)

Determined by Director

- My camp has a set time for us to meet each week. Where will we meet?

Determined by Fellows (may include further instruction from Director)

- What type of Jewish learning do we want to do?

Shutafim Camps: Shutafim is a collaborative program for a subset of Cornerstone camps that also participate in the ACHVA training program for returning *shlichim* (Israeli counselors). A representative from participating camp's Israeli delegation attends the Cornerstone Seminar and works with the fellows and the shlichim to design additional Action Plan components that they will implement together.

Determined by Director

- What opportunities are there before and during camp to enhance the programming relationship between shlichim and North American staff?

Determined by Fellows (may include further instruction from Director)

- What Israel programming would we like to enhance/create?
- What Jewish programming do we want to plan jointly with the shlichim?
- What programs/activities do we want to design to enhance the relationship between American and Israeli staff?

Bringing it Back to Camp (BBC) Form

In the back of this manual, you will find Bringing it Back to Camp forms. Fill out one form for each curricular session you attend so you can facilitate your camp's brainstorming process in camproom.

Camproom

Camproom is time set aside each day during the Fellow Seminar for you to sit with your peers from your camp and with your Liaison to reflect on what you learned and design an action plan for your work at camp.

Success

What Will Success Look Like?

One Happy Camper

Happy campers like:

- Improved Jewish Programming
- Third-year Bunk Counselors with newly honed Jewish programming skills.
- First-year Bunk Counselors with a Senior Counselor buddy.

Liaison Report

Each Liaison will write a report on your accomplishments and challenges in executing the action plan and submit it to FJC. An open, collegial relationship in your camp's cohort will help your liaison write the best possible report. Your feedback will inform future Cornerstone programming.

1. Reiterate your action plan for each component.
2. Describe each program and training implemented thoroughly.
3. Reflect on your successes (anticipated and unanticipated); challenges; programs or initiatives that did not work so well; and what you would replicate or change if you were to run the program again.

Full Cornerstone Schedule

Monday, May 24

3:00 PM: Fellows arrive/Registration/Snack (Reich Hill Theatre)

3:30 PM: Shuttle for Fellows (Reich Fire Pit)

4:00 PM–4:45PM: Opening Program (Theatre)

5:00 PM–5:45 PM: Intensive, Part I: Meet and Greet

Title: Think Globally, Act Locally

Educator: Sarra Alpert

Location: Dining Hall Fireside

Rain Location: Counselor Lounge

Title: Man Up

Educator: Jonah Canner

Location: Leadership Center/Meeting Room Vav

Rain Location: Lodge Aleph Basement

Title: Woman Power! Finding Your Voice

Educator: Abby Gondek

Location: Leadership Center/Meeting Room Zayin

Rain Location: Lodge Aleph Basement

Title: Sing Off: Music to My Ears

Educator: Jen Gubitza

Location: S'fat Porch (Benjamin Village)

Title: Fun v. Education in Nature: Am I My Camper's (Jewish) Nature Educator?
 Educator: Josh Lake
 Location: Flag Pole
 Rain Location: Lodge Aleph Basement/Meeting Room Hay

Title: 3D Art with 4D Glasses—Beauty is in the Eye of the Beholder
 Educator: Joy Langer
 Location: Arts and Crafts Bunk

Title: Get Up, Stand Up
 Educator: Jonathan Adam Ross
 Location: Dining Hall, Left Side

Title: Up the River with a Paddle: Using the Waterfront to Strengthen Communities
 Educator: Dave Siegel
 Location: Pool

Title: Let the Games Begin!
 Educator: Abby Uhrman
 Location: Meeting Room Gimmel

Title: Ohm...nom nom nom: Teaching Jewish Meditation
 Educator: Seth Wax
 Location: Lodge Aleph Basement

Title: "There's No Crying in Baseball"—But There Could Be!
 Educator: Efraim Yudewitz
 Location: Basketball Court
 Rain Location: Leadership Center

6:00 PM–7:30 PM: Dinner (Dining Hall)
 7:45 PM–9:15 PM: Camproom (See Page 34)
 9:15 PM–9:30 PM: Optional Evening Prayers (Lodge Aleph Basement)
 9:30 PM–10:00 PM: Evening Experience

Cornerstone Luau!
 Location: Pool

Staff bonding is an important aspect of building an effective team, so come to the pool and unwind with 350 new friends! There will be plenty of activities, food, music, and informal education, so come ready to have fun. Don't forget your bathing suit!

9:30 PM–11:00 PM: Shuttles for Fellows (Pick up at Counselor Lounge Awnings)

Tuesday, May 25th

7:15 AM–7:45 AM: Optional Morning Prayers (Reich Hill)
 7:30 AM, 7:40 AM, 7:50 AM: Shuttles for Fellows Depart (Reich Fire Pit)
 8:00 AM–8:45 AM: Breakfast (Dining Hall)
 9:00 AM–9:45 AM: Morning Mingle (Dining Hall)
 10:00 AM–11:15 AM: Intensive: Pillar Session – Giving Camp Life a Jewish ConTEXT

Title: Think Globally, Act Locally

Educator: Sarra Alpert

Target Camper Age Group: Teenagers

Location: Dining Hall Fireside

Description: All of our camps express a commitment to tikkun olam (the Jewish imperative to repair the world) as central to their understanding and practice of Judaism. But how does that belief play out in our programming? We have a wonderfully intense, focused, and utopian environment at camp to educate our campers and staff on meaningful ongoing issues (thinking globally), and also to engage with the communities around our camps to contribute to change efforts (acting locally). In this program, we'll go through a model of identifying a local issue, taking on helpful projects, and engaging with the important justice questions waiting to be explored.

Title: Man Up

Educator: Jonah Canner

Target Camper Age Group: Teenagers

Location: Leadership Center/Meeting Room Vav

Rain Location: Lodge Aleph Basement

Description: Boys will be boys...But what kind of men will they become? In this session, through sport, conversation, learning and listening, we will explore what it means to "man up" at a Jewish summer camp. Session is for men only.

Title: Woman Power! Finding Your Voice

Educator: Abby Gondek

Target Camper Age Group: Teenagers

Location: Leadership Center/Meeting Room Zayin

Rain Location: Lodge Aleph Basement

Description: Explore your identity as a woman. Discover powerful female role models in the Jewish tradition. Learn to lead activities with teens and other counselors utilizing biblical texts, theatre techniques, Jewish comedy skits, and partner conversations. Gain experience in raising awareness with men about your experiences: this is your chance to make a real change at your camp for girls and boys. Session is for women only.

Title: Sing Off: Music to My Ears

Educator: Jen Gubitz

Target Camper Age Group: All Ages

Location: S'fat Porch (Benjamin Village)

Description: Music plays a key role in the camp daily life. In this session, we will explore how to infuse music throughout the camp schedule; not only at expected times (prayer, song sessions, Shabbat) but alternative moments as well – clean up, pool & sports, rest, evening program, color war, etc. Some topics to explore: presenting a song for different learning styles, utilizing secular music in our camp rituals, how to foster a stronger singing culture at camp.

Title: Fun v. Education in Nature: Am I My Camper's (Jewish) Nature Educator?

Educator: Josh Lake

Target Camper Age Group: tweens and teenagers

Location: Main Playing Field

Location for 5:00 PM Tuesday: Flag Pole

Rain Location: Lodge Aleph Basement/Meeting Room Hay

Description: Cooking challah over a campfire? Outdoor games? An overnight? Baking pies in the woods? Making bracelets? What do you mean these are Jewish educational programs? It just

sounds like a whole lotta fun to me! We will explore how to infuse fun nature programming with Jewish education and how to make fun educational!

Title: 3D Art with 4D Glasses—Beauty is in the Eye of the Beholder

Educator: Joy Langer

Target Camper Age Group: All Ages

Location: Arts and Crafts Bunk

Description: Perception matters! Looking at the Israeli artist Agam, we will create artistic expressions of Jewish camp values and share our interpretations. No prior skills needed!

Title: Get Up, Stand Up

Educator: Jonathan Adam Ross

Target Camper Age Group: Teenagers

Location: Dining Hall Left Side

Description: Experience a theatrical journey that explores Judaism and gestures through a physical and emotional creative process. You will learn how to provide access to prayer for your camp communities in a welcoming and comfortable way, without the intimidation that can come from reciting a foreign language without always understanding what it means.

Title: Up the River with a Paddle: Using the Waterfront to Strengthen Communities

Educator: Dave Siegel

Target Camper Age Group: All Ages

Location: Theatre

Description: How is the waterfront a Jewish space? Using just your imagination (and materials provided) you will have the opportunity to create your own version of Noah's Ark. This session will model ways of building bunk and unit dynamics inspired by Biblical stories and key Jewish values of inclusion. The Arks built will be shared during the week. Be prepared to get wet and have fun!

Title: Let the Games Begin!

Educator: Abby Uhrman

Target Camper Age Group: All Ages

Location: Meeting Room Gimmel

Description: Cranium, Scrabble, Taboo, Scattegories, Twister...games are incredible tools for getting to know each other while having fun, and allowing every person a chance to shine. Games are also a great way to introduce Judaism to campers! In this session, we will explore the theory of "Multiple Intelligences" and the ways we can apply these ideas in our Jewish programming. We will share ideas for how to reach and connect with all types of campers.

Title: Ohm...nom nom nom: Teaching Jewish Meditation

Educator: Seth Wax

Target Camper Age Group: All Ages

Location: Lodge Aleph Basement

Rain Location: Theatre Stage

Description: Meditation can create powerful experiences and be the perfect tool to use with campers at the campfire or bedtime. We'll learn skills for facilitating guided meditation, discuss the goals and theory of meditation practice, and identify moments in the camp schedule in which we can bring Jewish meditation. No experience is necessary; this session will be a great introduction!

Title: "There's No Crying in Baseball" - But There Could Be!

Educator: Efraim Yudewitz

Target Camper Age Group: All Ages

Location: Basketball Court

Rain Location: Leadership Center

Description: One of the greatest games of all time was invented by the same brilliant minds that brought us *South Park*. BASEketball is the brilliant combination of basketball and baseball, played in a driveway. BASEketball is one way in which mainstream sports have been adapted to be more approachable. Athletics are a very important part of camp culture, but can sometimes lead to frustrating, tangible tension inspired by a competitive edge. Learn how to change things up to add creativity to your sports activities, make games more engaging and accessible for all participants, and take the edge out of competition. Learn to use sports as the springboard for Jewish learning.

11:30 AM–12:45 PM: *L'shma* I: Jewish Programming

Title: What's So Jewish About Waterskiing?

Educator: Meir Balofsky (Camp Moshava Liaison)

Target Camper Age Group: All Ages

Location: Dining Hall Left Side

Description: There are 1440 minutes in a day. If 40 of them are spent identifying with your Judaism, is that good? Is it just right? Is it not enough? This session will discuss and guide you to discover how to integrate Jewish education into daily camp life. It will also allow you to help less experienced staff learn to create Jewish "moments" at any given time.

Title: The *Aleph Bet* of Camp Programming with a Jewish Lens

Educator: Rabbi Ana Bonnheim (URJ Greene Family Camp)

Target Age Group: All ages

Location: S'fat Porch (Benjamin Village)

Description: Feeling creative and interested in camp programming? Have a great idea and wondering how to bring it to fruition? Wondering how to create programs that can live on into the future? Worrying that you're having a hard time coming up with new ideas? Come to this session about camp Jewish programming. Learn best practices and steps to write up a program, to organize staff members, and to move from a great idea to a memorable program.

Title: How to Design an Alternative Shabbat Morning Experience

Educator: Russell Braman (B'nai B'rith Camp Liaison)

Target Camper Age Group: All Ages

Location: Leadership Center Vav

Description: Praying at camp as a community can be one of the most spiritual times of the summer, but for some campers (and staff) traditional Jewish prayer doesn't really work. In this session, you will outline your own creative Shabbat experience to take back to camp!

Title: 20 Minutes, What Should I Do Now?

Educator: Sharon Cohen (Camp Interlaken JCC Liaison)

Target Camper Age Group: All Ages

Location: Meeting Room Gimmel

Description: Your campers are busy at their activity, and all of a sudden it starts to thunder! They have to leave the waterfront and lunch isn't for 20 minutes! What do you do? Discover some fun and educational activities for your campers during this unique moments, and get a head start on filling those short chunks of down time that appear in the camp day.

Title: Shabbat Without Saturday Morning Cartoons? Awesome!

Educator: Barnett Goldman (Camp Laurelwood Liaison)

Target Camper Age Group: Ages 6 - 11

Location: Main Playing Field

Rain Location: Leadership Center

Description: This physical and adventurous gaming session will teach you new games to change your Saturday morning routine. We will learn new games for campers of all ages, practice the oldies but goodies, and help each other create the greatest experiences for our campers possible. We will even add some holiday twists to the session. Bring your energy, enthusiasm, and ideas for a fantastic, cooperative, and spirited experience.

Title: Adventures to a City of Refuge

Educator: Dan Kaiman (JCC Camp Chi Liaison)

Target Camper Age Group: All Ages

Location: Leadership Center Zayin

Description: "Kill someone recently? Want to get a fair trial? Make it safely to refugee city, claim asylum and you'll avoid the legally permissible blood vengeance!" Jewish history is chock full of fascinating facts, nuances, and events. In this session we'll examine some of these more peculiar factoids and figure out ways we can help other counselors incorporate and innovate educational Jewish programming.

Title: Jewish Values Through Jellybeans

Educator: Lori Rubin (Camp JRF Liaison)

Target Camper Age Group: All Ages

Location: Gazebo

Description: This session will teach you how to teach and integrate the foundational beliefs and ideals of your camp into a program that is engaging and experiential. It will help you to create a culture in which youth are exposed to challenging questions and are empowered to give challenging answers. In this program, campers will identify which values of their camp are important to them through the use of Jelly Beans! Anything with Jelly Beans must be fun, right? Come learn how to use experiential methods to get important conversations started.

Title: Spirituality in the Bunk

Educator: Trudy Sirkis (B'nai B'rith Beber Liaison)

Target Camper Age Group: All Ages

Location: Counselor Lounge

Description: What is spirituality? Does spirituality imply a belief in God? How do we get our campers talking about God and/or spirituality? What tools can we use to help bring a sense of spirituality to our campers, even if we aren't sure what we believe?

Title: Looking at God through the Lens of Israeli Music

Educator: Jamie Skog (JCC Ranch Camp Liaison)

Target Camper Age Group: Teenagers

Location: Dining Hall Fire Side

Description: Music is something that transcends language, and Israeli music in particular is an amazing tool that allows learners to see beyond the "mythic" Israel into real Israel society. In this session we will use popular Israeli music to explore the different theological questions about God, with which many people struggle. This will be an interactive session that combines popular music, Jewish text and informal activities that will help to shed a new light on these challenging topics.

Title: Paper Tearing *Pesukei Dzimra*

Educator: Sara Stave (Camp Ramah in the Berkshires Liaison)

Target Camper Age Group: All Ages

Location: Arts and Crafts Bunk

Description: At camp, people often scan verses during services for imagery that they find appealing. In this session, participants will put their own image to paper using the method of paper tearing. After gluing down their torn paper creation, participants will finish their piece of art by adding a caption in Hebrew and/or English based on the wording of their original verse. We will then hang all of the participants' artwork in order of the chosen verses to create a museum display of *Pesukei Dzimra*, the opening section of daily morning prayers. A counselor can recreate this in a camp setting as two *peulot* (activities): 1–2 sessions of artmaking and a follow up session of a museum tour for other groups of campers. No art experience required—paper tearing levels the playing field!

1:00 PM–2:15 PM: Lunch (Dining Hall)

2:30 PM–2:45 PM: Optional Afternoon Prayers (Lodge Aleph Basement)

2:30 PM–3:15 PM: Break

3:30 PM–4:45 PM: Intensive: Pillar Session – Leading Through Role Modeling and Ruach

Title: Square Pegs, Round Holes: When "Troublemakers" Aren't Trying to Cause Trouble

Educator: Sarra Alpert

Counselor Skills to be Acquired: behavior management, conflict resolution, sensitivity to special needs campers

Location: Lodge Aleph Basement

Description: Each summer, our camps have to consider how to work with campers who have a range of social and cognitive differences. As we learn more, we are better able to identify the ways that the highly-structured camp environment can leave mainstreamed campers with special needs (for example: campers with ADD/ADHD, learning differences, or who are on the high-functioning autistic spectrum) out of the loop... and therefore often acting out. In this session, we will explore various avenues, including Jewish sources, role plays, and child development perspectives, to increase your skills in identifying potential problem situations before they start, defusing and addressing them when they do, and most importantly, setting all of our campers up for a successful summer.

Title: If Not Now...When? Jewish Activism and thinking about Haiti

Educator: Jonah Canner

Counselor Skills to be Acquired: mobilizing peers and campers

Location: Dining Hall Fireside

Description: Activism is a central component of the Jewish community. In January an Earthquake devastated the capital city of Haiti galvanizing the global community into action on behalf of one of the world's poorest nations. In this session, we will be discussing the origins of Jewish activism, exploring the history and current situation in Haiti, and examining the roles we can play as Jewish activist leaders at our camps.

Title: The Other Side of the Wall

Educator: Abby Gondek

Counselor Skills to be Acquired: strengthening peer relationships, minimizing camper divisiveness
Location: Leadership Center/Leadership Breakout Rooms

Description: Walls define us, but who do they keep out? This workshop will creatively explore divisiveness at camp. You will learn about Jewish biblical, historical and modern figures through role-play, and encourage other staff members to think about the complicated nature of separation for campers, but also for themselves.

Title: Don't Stop Til You Get Enough!

Educator: Jen Gubitza

Counselor Skills to be Acquired: self care, peer support

Location: Pool

Description: What do beverages, swimming, healthcare, Greek mythology and *Tzaddikim* (righteous people) have to do with self-care at camp? Camp can be exhausting, which can make it easy to lose steam. In this session, we will explore different models for avoiding burn out at camp so you can operate at your max. Bring your towel and wear your bathing suit!

Title: Jewish Modeling: Your Best Self

Educator: Josh Lake

Counselor Skills to be Acquired: self-awareness, self-reflection

Location: Amphitheatre

Rain Location: Leadership Center/Breakout Room Hay

Description: How do you model your Jewish self? What are your best traits? What is Jewish about your best self? Are they valuable for others to learn? You will explore your behaviors in order to find out whether campers and/or fellow staff can gain insights by observing and learning from you.

Title: From Recyclables to Role Models

Educator: Joy Langer

Counselor Skills to be Acquired: role clarification, self awareness

Location: Arts and Crafts Bunk

Description: Looking at the Israeli artist Piven, we will create portraits from recycled and mixed media materials. Come explore symbolism in art and expose the key qualities we aspire to achieve as *dugma esheiot* (role models). No prior skills are needed; but are welcome!

Title: Don't Speak: A Nonverbal Communication Workshop

Educator: Jonathan Adam Ross

Counselor Skills to be Acquired: communication skills

Location: Theatre

Description: In Judaism, an action says a thousand words. In this session, you will be exposed to nonverbal communication as an alternative teaching tool. Together we will accomplish tasks without verbal instruction using only nonverbal games to build our own successful tower of Babel.

Title: Up, Up and Away: Being a Superhero

Educator: Dave Siegel

Counselor Skills to be Acquired: self-reflection, self-awareness

Location: Dining Hall, Left Side

Description: What behaviors make us super? In this session, we will discuss what makes a superhero. Looking at how our heroes live their lives, we will rethink how we may better engage our campers in Jewish life by becoming aware of our own behavior.

Title: Step Up, Step Back

Educator: Abby Uhrman

Counselor Skills to be Acquired: teamwork, role clarification

Location: Gazebo

Description: Sometimes leadership means taking initiative, being in charge, and stepping up. At other times, it means supporting your co-workers, working behind the scenes, and deliberately stepping back. In this session, we will explore the strengths of different Jewish leadership models, identify our own tendencies and challenges, and develop tools for managing this balance in a group.

Title: Meditation for Dealing with Stress at Camp

Educator: Seth Wax

Counselor Skills to be Acquired: self-care, teamwork

Location: Lodge Aleph Basement

Description: Camp can be stressful. Spending day after day running activities, moving campers all over the place, and managing behavior problems can wear anyone down. When that happens, we can lose our ability to pay attention to other people, forget our deep-seeded values, and act out towards both campers and staff. In this session, we'll explore well-known Jewish and non-Jewish meditative practices and how meditation can help us to manage stress at camp and reconnect with our best intentions. We will also examine how meditation can open conversations about working with others at camp, relating to campers in a more caring and respectful way, and promoting a culture of deep personal and professional reflection.

Title: 7 Habits of Highly Effective (Camp) People

Educator: Efraim Yudewitz

Counselor Skills to be Acquired: strengthening peer relationships, time management

Location: Meeting Room Gimmel

Description: Businessmen and business women, presidents, star athletes, doctors, lawyers and talented camp professionals all share similar characteristics and skills that make them excel and succeed. The Seven Habits of Highly Effective People, first published in 1989, is a self-help book written by Stephen R. Covey that has sold over 15 million copies in 38 languages. In this session, learn what makes others great, and how you can master a few simple principles and excel in whatever you pursue! We will use the Jewish lens of reflective practice to take inventory of our own values and behaviors.

5:00 PM–5:45 PM: Intensive, Part II: Debrief Session (See Tuesday, 10:00 AM – 11:15 AM)

6:00 PM–7:30 PM: Dinner (BBQ Outside)

7:45 PM–9:15 PM: Camproom (See Page 34)

9:15 PM–9:30 PM: Optional Evening Prayers (Lodge Aleph Basement)

9:30 PM–10:00 PM: Evening Experiences

Jewish Yoga

Location: Lodge Aleph Basement

Abby Gondek helps you relax before you go to sleep! Come practice yoga while listening to mellow Jewish music. Learn how to correlate yoga movements with Hebrew prayers. Teach these in your bunk, during downtimes, or to close the day.

Interpretive Dance

Location: Dining Hall Left Side

Dalia Davis helps you explore the world of interpretive dance. Learn a new way to express yourself!

Journaling

Location: Arts and Crafts Bunk

Joy Langer and Sarra Alpert help you mine your personal creativity through writing and watercolor in the art studio. Music, art, and interesting questions will provide inspiration for your personal creativity.

Lantern Festival

Location: Pool

Efraim Yudewitz modifies ancient Buddhist tradition by combining with a Jewish Twist. Combine your own personal thoughts, prayers and reflection with artistic creativity, building and fire.

Singing & Storytelling

Location: Fireside Dining Hall

Join Abby Uhrman and Jen Gubitz for an evening of singing, storytelling, and spending time with old friends and new. Learn some new songs and share your camp's favorite tunes and nighttime rituals and traditions!

9:30 PM–11:00 PM: Shuttles for Fellows (Pick up at Counselor Lounge Awnings)

Wednesday, May 26

7:15 AM–7:45 AM: Optional Morning Prayers (Reich Hill)

7:30 AM, 7:40 AM, 7:50 AM: Shuttles for Fellows Depart (Reich Fire Pit)

8:00 AM–8:45 AM: Breakfast (Dining Hall)

9:00 AM–9:45 AM: Morning Mingle (Dining Hall)

10:00 AM–11:15 AM: Intensive: Pillar Session – Creating and Understanding Effective Camp Ritual, Tradition and Programming

Title: What's Your Bible? From Genesis to The Godfather to Gossip Girl

Educator: Sarra Alpert

Target Camper Age Group: All Ages

Location: Meeting Room Gimmel

Description: For some it's the *Tanakh* (Bible); for others it's the Corleones; for others it's Blair, Chuck and Serena—but everyone has the "text" that they reference most often. We all have music, books, heroes and movies that we turn to for wisdom, for comfort, for humor, for a window into another world or for experience. So why not bring these sources into conversation with each other? In this session, we'll expand our expectations of what a text study can look like, and of how the media and text that make up our personal library and interests can be wonderfully fruitful tools in Jewish camp programming.

Title: The Taste of Success – Food and Ritual in Jewish Life

Educator: Jonah Canner

Target Camper Age Group: All Ages

Location: Dining Hall Left Side

Description: Do you ever wonder how Judaism plays a role in secular camp life? Rituals and tradition can be found in every aspect of our lives at home and our lives at camp. In this session, we will explore how to bring Jewish rituals into the secular camp conversation. We will practice the age old tradition of braiding challah, while we explore rituals we can bring to the “in between” time with campers.

Title: Tree Talk, Water Words

Educator: Abby Gondek

Counselor Skills to be Acquired: group dynamics, counselor sensitivity

Location: Hiking Trail (Meet at Flag Pole/Plaza)

Description: How can nature inspire campers' creativity? How can that inspiration lead to a greater

passion for caring for the environment and the people around us? In this session, we will gain a greater insight into biblical examples of wilderness journeys. We will read modern Jewish poets explorations into the natural world, learn how to teach poetry writing to campers and spend time outside, being inspired by the nature camp has to offer.

Title: S'more Tradition: This is How We Do It!

Educator: Jen Gubitza

Target Camper Age Group: All Ages

Location: Fire Circle

Rain Location: Lodge Aleph Basement

Description: Color war, campfires, closing circles--every camp has traditions that are anticipated and integral to a successful summer. Come reinvent the wheel, deconstruct tradition, and rethink classic must-have camp programs. This session will help us deconstruct camp tradition to push past the status quo. We will reflect on historical Jewish events that unlock the magic of tradition. Just because this is the way we've always done it, doesn't mean we can't make adjustments!

Title: iPractice 3.0: Understanding and developing a personal approach to personal and Jewish rituals

Educator: Josh Lake

Target Camper Age Group: Teenagers

Location: Creek (Meet at Gazebo)

Description: "What if I don't like traditional Jewish rituals? Can rituals help me?" We will look at Jewish and personal rituals, traditions and ceremonies, experientially explore their meanings, and see if they fit our lives and the lives of our campers. We will explore a few traditional and non-traditional rituals, their history and if they can mean anything to you, your campers and your camp.

Title: The Box Project: Mixed Media Self Portraits

Educator: Joy Langer

Target Camper Age Group: All Ages

Location: Arts and Crafts Bunk

Description: Who are you at camp? Who are you the rest of the year? Who are you on the inside? Who are you on the outside? Do they match? Are they different? Explore these questions by making an "Identity Box" that represents you. Experiment with using art to help campers explore their own Jewish identity. No prior skills are needed; but are welcome!

Title: Wrestlingod: A Physical Workshop (For Women)

Educator: Jonathan Adam Ross

Target Camper Age Group: Teenagers

Location: Hockey Rink

Rain Location: Theatre

Description: In this session, you will experience a physical and theatrical exploration of the Jacob narrative using intense movement, text, and writing. Wear comfortable clothes - we will sweat. This is a physically intense workshop. Session is for women only.

Title: Throw Me a Life Jacket

Educator: Dave Siegel

Target Camper Age Group: All Ages

Location: Pool

Description: From *mikveh* (ritual bath) to *Maccabiah*, we will discuss opportunities that the waterfront and the pool provides us at camp and most importantly how to have fun using them. The

pool and the waterfront is one of the most underutilized educational contexts at camp. Participants will get the chance to create and share their own water-based programs. Be prepared to get wet!

Title: Give Peace a Chance

Educator: Abby Uhrman

Target Camper Age Group: All Ages

Location: Leadership Center

Description: Throughout Jewish history, the Jewish people have struggled in making peace with their “bunkmates.” It happens to the best of us: there are times when we and our campers lose patience, temper, and perspective, especially in the bunk. In this session, we will learn to communicate more effectively with others, defuse conflict, and understand why tensions arise and how we can better manage those difficult moments with campers. We will learn techniques, games and activities that you can use with your campers to help them create a more peaceful bunk experience.

Title: Beyond the Rules: Judaism, Food, and Sustainability

Educator: Seth Wax

Target Camper Age: Teenagers

Location: Amphitheater

Rain Location: Leadership Center/Meeting Room Zayin

Description: Is it kosher to use a styrofoam cup? Does Judaism have anything to say about eating beef from a cow that was raised in an industrial slaughterhouse? Is my camp being careful, sustainable and embodying Jewish values in how it runs the *chadar ochel* (dining hall) or how it disposes of waste? Not sure? In this session, we’ll look at Jewish teachings and activities on food, sustainability, and resource use, with an eye toward collaborating on strategies for implementing systemic and lasting change at our camps, both camp-wide and in our bunks.

Title: X's and O's of Great Programming

Educator: Efraim Yudewitz

Target Camper Age Group: All Ages

Location: Dining Hall Fireside

Description: Everything can be viewed as a program, from an hour of sports in the afternoon, to a structured bonfire, to even a five minute icebreaker at a meal. Explore how to identify the key ingredients, and how to add a little more spice when needed. Learn what is essential, what is a bonus and how to make sure your programs have all the important ingredients for success. Learn how to add Jewish content to programs that is right for each camper palette!

11:30 AM–12:45 PM: *L'shma*: Leadership Programming

Title: All Four Campers You’ll Ever Meet

Educator: Meir Balofsky (Camp Moshava Liaison)

Counselor Skill to be Acquired: Identifying Learning Differences

Location: Arts and Crafts Bunk

Description: In this session we will learn how to appreciate the differences in learning styles in our campers. We will discover how to maximize camper participation in all camp activities through learning how to tailor programs to fit each person’s needs. We will assess camper profiles and discuss real examples of how to modify a program to fit a learning need.

Title: On the DL: Delegation in Leadership!

Educator: Yoni Bokser (Camp Yavneh Liaison)

Counselor Skill to be Acquired: Teamwork

Location: Leadership Center

Description: The hardest part of being a leader is knowing when to sit back and allow others to lead. In this session we'll discuss how to decide when to step up and when to step back. Come prepared to share funny stories of first-year mistakes, and ready to discuss Jewish and modern texts about leadership and delegation.

Title: The L Word: Learning about Leadership

Educator: Rabbi Ana Bonnheim (URJ Greene Family Camp Liaison)

Counselor Skill to be Acquired: Self-identity

Location: Meeting Room Gimmel

Description: What does it mean to be a leader in Jewish tradition? In this session you will learn about different leadership models in the Bible and discover how you can relate to different biblical leaders. We will use modern leadership scholarship to help us think about leaders in the Bible and to consider and discuss our own leadership qualities and goals.

Title: How do we Pinpoint Jewish Teachable Moments?

Educator: Scott Gellman (URJ Camp Coleman Liaison)

Counselor Skill to be Acquired: Jewish Teachable Moments

Location: Gazebo

Description: Many have heard of JTM's, or Jewish Teachable Moments, but they're sometimes hard to truly identify. Learn to bring JTM's into your campers daily lives, thus helping to enrich their mundane moments with Judaism. Learn one of the most handy tools to foster the Jewish informal education of your campers. .

Title: Camp to the Point: A Powerful Experience

Educator: Barnett Goldman (Camp Laurelwood Liaison)

Counselor Skill to be Acquired: Advocacy and Communication Skills

Location: Lodge Aleph Basement

Description: Have you ever thought of the perfect camp promotion? What is camp all about? What would you want the public to see? What kinds of pictures would express your ideal camp? This fun, picturesque, and interactive session for Leadership Development will help teach your counselors and oldest campers what a great camp experience is all about. You will come in with a great knowledge of a fantastic camp and leave with a great way to share it with your staff, CIT's and campers.

Title: Leadership and Learning Through Lacrosse

Educator: Dan Kaiman (JCC Camp Chi Liaison)

Counselor Skill to be Acquired: Jewish Teachable Moments

Location: Basketball Court

Rain Location: Dining Hall Left Side

Description: Sports and Athletics at camp is one of the hardest areas to incorporate Jewish values and learning. However the sports field is where some of life's biggest lessons are learned. In this session we'll explore ways of bridging the gap between Judaism and sports in camp.

Title: Psychology of the Different Age Groups

Educator: Julia Paeglis (Camp Young Judaea-Texas Liaison)

Counselor Skill to be Acquired: Child Developmental Stages

Location: S'fat Porch (Benjamin Village)

Description: In this session we will take a trip down memory lane and put ourselves in the mind set of our campers. We will see the world through your campers' eyes in order to understand where your campers are physically, socially, emotionally, cognitively, and morally. This will help you in creating better programs and forming a better relationship with your campers.

Title: The Name of the Game

Educator: Ben Rabb (Camp Sabra Liaison)

Counselor Skill to be Acquired: Communication Skills

Location: Grass Area between Lodge Aleph and Lodge Bet

Rain Location: Lodge Aleph Basement/Hay

Description: Learn a fun and exciting mixer that can be applied to all your activities at camp!

Whether having a weekly meeting with fellow staff members or discussions with campers, learn an effective way to help everyone feel more comfortable about speaking up.

Title: A Three Minute Walk Through: How to Determine if it Working in Three Minutes or Less!

Educator: Lori Rubin (Camp JRF Liaison)

Counselor Skill to be Acquired: Camper Engagement

Location: Leadership Center/Meeting Room Vav

Description: In this session you will learn how to look at an activity in order to see if your campers are engaged, if the counselors are involved and if the program is one that everyone will remember. No run of the mill programming here! We'll do some simulations to see what works and what flops and how to see all that in three minutes or less!

Title: Bullying at Camp – It's Not the Jewish Way

Counselor Skill to be Acquired: Behavior Management

Educator: Trudy Sirkis (B'nai B'rith Beber Camp Liaison)

Location: Dining Hall Fireside

Description: Every summer there are campers and counselors who do not come back to camp because they have been bullied. Recognizing that bullying is a problem at camp is only the first step in trying to solve this problem. This session will provide you with resources to create anti-bullying camp programs for all ages and to create a mechanism for setting a standard for behavior for all campers and staff.

Title: Everything I Need to Know About Communication at Camp I Learned from Wet Hot American Summer

Counselor Skill to be Acquired: Communication

Educator: Jamie Skog (JCC Ranch Camp Liaison)

Location: Counselor Lounge

Description: Learn about the importance of good communication at summer camp by examining excerpts from the camp classic Wet Hot American Summer. Learn about both verbal and non-verbal communication and the messages we send to co-staff and campers.

1:00 PM–2:15 PM: Lunch (Dining Hall)

2:30 PM–2:45 PM: Optional Afternoon Prayers (Lodge Aleph Basement)

2:30 PM–3:15 PM: Break

3:30 PM–4:45 PM: Intensive: Pillar Session – Building and Maintaining Healthy Relationships within the Camp Community

Title: The Snowflake Principle: Embracing Difference Within Our Camp Communities

Educator: Sarra Alpert

Counselor Skills to be Acquired: communication skills, understanding diversity, inclusion

Location: Lodge Aleph Basement

Description: What do we really know about each of our campers? What are the questions we do and don't ask? There is more diversity in our camp communities than we often think, and one of the challenges of any camp community is finding a way to explore and encourage these expressions of difference while maintaining a cohesive, bonded group. In this session, we'll look at how to create programs and rituals (Jewish and otherwise) that take on this intriguing and potentially generative tension within camp life, and how to teach/encourage this kind of thinking.

Title: How do you say, "I AM"?

Educator: Jonah Canner

Counselor Skills to be Acquired: self identity, building awareness for perspective of others

Location: Lodge Aleph/Meeting Room Hay

Description: Have you ever tried to figure out who you are? Have you ever thought about what it would be like to be someone else? For ages people have been asking: Who am I now? Who was I then? Who will I be? And who else is there? In this session, we will be joining that age-old conversation. We will be exploring our own identities and the identities of others. We will be learning how to say, "I am..."

Title: Praying with Your Heart: An Experiment in Silence

Educator: Abby Gondek

Target Camper Age Group: All Ages

Location: Benjamin Village Porch

Description: Participate in an experiment with voice in different contexts through interactive games and exercises. How do campers experience prayer differently when they are silent, when they pray aloud alone, or together as a group? What is the benefit of silence at camp? When and where can it be used to enhance the depth and spirituality of campers' experiences? How can silence be a negative experience, in prayer times, as well as during group discussions? Whose voices tend to be silenced at camp and why? How can we open space for all campers' voices to be heard? In this session, we will explore the importance of counselor sensitivity to camper dynamics.

Title: #FJC10 Kosher Communication

Educator: Jen Gubitz

Counselor Skills to be Acquired: self advocacy, communication skills, giving feedback

Location: Amphitheatre

Rain Location: Dining Hall Left Side

Description: Sandwiches, pandas, and toilets—come learn what these three words have to do with communication best practices! In this session, we will learn what Jewish tradition has to tell us about effective relationship building. You will walk away with great tools for success in managing up and down the camp ladder.

Title: Sacred Relationships: Making the Most of Jewish Camp Time and Space

Educator: Josh Lake

Counselor Skills to be Acquired: peer communication, teamwork

Location: Gazebo

Description: We will explore relationships and interactions at camp. With whom and how do we interact at camp? Why do we enter into relationships? What is the desired outcome of our interactions and relationships? Do our Jewish ancestors have something to teach us about our

contemporary relationships? And perhaps most importantly we will explore the question, “How can you benefit from camp relationships?”

Title: I got Skillz!: Building a Multidisciplinary Team at Camp

Educator: Joy Langer

Counselor Skills to be Acquired: teamwork, identifying resources

Location: Arts and Crafts Bunk

Description: Creative Inspiration: what sparks yours? How do we use our passions to collaborate with other staff members at camp and create multilayered experiences at camp? Music, poetry, painting: the possibilities are endless! No prior skills are needed; but are welcome!

Title: Phight the Phish: A Physical Workshop (For Men)

Educator: Jonathan Adam Ross

Counselor Skills to be Acquired: communication skills

Location: Pool

Description: In this session, you will experience a physical and theatrical exploration of the relationship between the role of being a counselor in camp and Jonah’s journey using intense movement, text, and writing. Wear swim clothes and sneakers - no flip flops. Session is for men only.

Title: "I Remember When You Were a Camper:" Reevaluating Our Relationships with First-Year Counselors

Educator: Dave Siegel

Counselor Skills to be Acquired: peer communication, conflict negotiation, self-awareness

Location: Leadership Center/Meeting Room Vav

Description: In this session, we will discuss our own relationship with first year counselors and Jewish concepts that relate to supervision and mentoring. We will break down successful techniques, as well as learn how to identify possible pitfalls. We will also address issues of goal setting, evaluation, conflict negotiation, and self-care.

Title: Guess Who? Building Stronger Relationships by Asking Better Questions

Educator: Abby Uhrman

Counselor Skills to be Acquired: communication skills

Location: Dining Hall Left Side

Description: What do you notice about the people in your life? What do you notice about what's happening around you? What are you curious about? How can you use that curiosity to better understand and communicate with others? How is questioning a Jewish value? How can this tool help you build stronger, more honest, and more meaningful relationships with your campers and co-counselors?

Title: What Drives Me?

Educator: Seth Wax

Counselor Skills to be Acquired: self-identity

Location: Meeting Room Gimmel

Description: As camp counselors, we want to do our best for our campers, staff, and supervisors. But in difficult situations, what do we rely on to determine the best course of action? While we may have a vague idea of what drives us, many of us have never thought this through. In this session, we will understand how our decisions and actions at camp can be rooted in our fundamental beliefs whether Jewish or universal. We will explore where our values may conflict with those values of our camps.

Title: "Let Me Tell You A Story" Red Auerbach, Role Modeling, and Group Sharing

Educator: Efraim Yudewitz

Counselor Skills to be Acquired: facilitation skills, engaging campers in Jewish conversations

Location: Creek (Meet at Dining Hall Porch)

Description: The most important lessons and morals can be learned from our own lives. Stories and personal memories can be profound examples of educational resources. In this session, we will identify how stories can be very powerful as well as learn different modes and techniques used to facilitate story sharing in order to create a more deeply connected and informed community. As Jewish educators we often tend to go to a text or think we have to use a text; let's use our own stories and narrative to help us relate to Judaism.

5:00 PM–5:45 PM: Intensive, Part III: Debrief Session BBC (See Tuesday, 10:00 AM–11:15AM)

6:00 PM–7:30 PM: Dinner (Dining Hall)

7:45 PM–9:15 PM: Camproom (See Page 34)

9:15 PM–9:30 PM: Optional Evening Prayers (Lodge Aleph Basement)

9:30 PM–10:00 PM: Evening Experiences

River Meditation

Location: Creek

Join Seth Wax and Josh Lake in this short meditation, by the side of a river, affording yourself time to explore the flow of your thoughts in a quiet, peaceful and contemplative environment.

Campfire Stories

Location: Firepit

Join Noam and Jonah by the campfire as we sing songs and tell stories.

Whose Pasuk is it Anyway?

Location: Theatre

JAR will lead the group in Jewish-themed Improv games that are great back pocket activities for rainy days at camp. You can come to play or just to watch!

Zionism Through the Ages

Location: Lodge Aleph Basement

Join Mushon Samuels, Camp Ramah in Canada Liaison/*Shutafim* Representative and other *Shutafim* as you examine your relationship with Israel. Get a peek at some modern Israeli films!

Israeli Dancing

Location: Dining Hall Left Side

Art on Display

Location: Arts and Crafts Bunk

On Wednesday night, browse through to the Arts and Crafts bunk to see the variety of art projects that have been created over the course of Cornerstone

9:30 PM–11:00 PM: Shuttles for Fellows (Pick up at Counselor Lounge Awnings)

Thursday, May 27

7:00 AM–7:45 AM: Optional Morning Prayers (Reich Hill)
 7:20 AM, 7:30 AM, 7:40 AM: Shuttles for Fellows Depart (Reich Fire Pit)
 8:00 AM–8:45 AM: Breakfast (Dining Hall)
 9:00 AM–9:30 AM: Closing Program
 9:30 AM–10:00 AM: Grab bag lunches and find your bus
 10:30 AM: Buses depart. Have a safe trip!

Session Schedules

**Intensive Part I: Meet and Greet
 Monday, 5:00 PM**

5:00 PM Intensive Part I: Meet and Greet	Location	Rain Plan
Woman Power! Finding Your Voice	Leadership Center/ Meeting Room Zayin	Lodge Aleph Basement
Let the Games Begin!	Meeting Room Gimmel	
Up the River with a Paddle: Using the Waterfront to Strengthen Communities	Pool	Theatre
"There's No Crying in Baseball—But There Could Be!"	Basketball Court	Leadership Center
Sing Off: Music to my Ears	S'fat Porch (Benjamin Village)	
Man Up	Leadership Center/ Meeting Room Vav	Lodge Aleph Basement
Get Up, Stand Up	Dining Hall Left Side	
Fun v. Education in Nature: Am I my Camper's Jewish Nature Educator?	Flag Pole	Lodge Aleph Basement/ Meeting Room Hay
3D Art with 4D Glasses: Beauty is in the Eye of the Beholder	Arts and Crafts Bunk	
Think Globally, Act Locally	Dining Hall Fireside	
Ohm...nom nom nom: Teaching Jewish Meditation	Lodge Aleph Basement	Theatre Stage

Intensive: Pillar Session: Giving Camp Life a Jewish ConTEXT
Tuesday, 10:00 AM

10:00 AM Intensive Pillar Session: ConTEXT	Location	Rain Plan
Woman Power! Finding Your Voice	Leadership Center/ Meeting Room Zayin	Lodge Aleph Basement
Let the Games Begin!	Meeting Room Gimmel	
Up the River with a Paddle: Using the Waterfront to Strengthen Communities	Theatre	
"There's No Crying in Baseball—But There Could Be!"	Basketball Court	Leadership Center
Sing Off: Music to my Ears	S'fat Porch (Benjamin Village)	
Man Up	Leadership Center/ Meeting Room Vav	Lodge Aleph Basement
Get Up, Stand Up	Dining Hall Left Side	
Fun v. Education in Nature: Am I my Camper's Jewish Nature Educator?	Main Playing Field (Flag Pole at 5PM)	Lodge Aleph Basement/ Meeting Room Hay
3D Art with 4D Glasses: Beauty is in the Eye of the Beholder	Arts and Crafts Bunk	
Think Globally, Act Locally	Dining Hall Fireside	
Ohm...nom nom nom: Teaching Jewish Meditation	Lodge Aleph Basement	Theatre Stage
Liaison Professional Development: Joe Reimer	Counselor Lounge	

***L'shma* I: Jewish Programming**
Tuesday, 11:30 AM

11:30 AM <i>L'shma</i> I	Location	Rain Plan
What's so Jewish about Waterskiing?	Dining Hall Left Side	
Spirituality in the Bunk	Counselor Lounge	
Paper Tearing Pesukei Dzimra	Arts and Crafts Bunk	
The Aleph Bet of Camp Programming with a Jewish Lens	S'Fat Porch (Benjamin Village)	
How to Design an Alterantive Shabbat Morning Experience	Leadership Center Vav	

20 Minutes, What Should I Do Now?	Meeting Room Gimmel	
Shabbat Without Saturday Morning Cartoons? Awesome!	Main Playing Field	Leadership Center
Adventures to a City of Refuge	Leadership Center Zayin	
Jewish Values Through Jellybeans	Gazebo	
Looking at God through the Lens of Israeli Music	Dining Hall Fire Side	
Liaison Professional Development: Shalom Orzach	Lodge Aleph Basement	

Leading Through Role Modeling and Ruach Tuesday, 3:30 PM

3:30 PM Pillar Session: Role Modeling	Location	Rain Plan
The Other Side of the Wall	Leadership Center + Leadership Breakout Rooms	
Step Up, Step Back	Gazebo	
Up, Up and Away: Being a Superhero	Dining Hall Left Side	
7 Habits of Highly Effective (Camp) People	Meeting Room Gimmel	
Don't Stop Til You Get Enough	Pool	
If Not Now, When? Jewish Activism and Thinking about Haiti	Dining Hall Fireside	
Don't Speak: A Nonverbal Communication Workshop	Theatre	
Jewish Modeling: Your Best Self	Amphitheatre	Leadership Center/ Breakout Room Hay
From Recyclables to Role Models	Arts and Crafts Bunk	
Square Pegs, Round Holes: When "Troublemakers" Aren't Trying to Cause Trouble	Lodge Aleph/Breakout Room Hay	
Meditation for Dealing with Stress at Camp	Lodge Aleph Basement	
Liaison Professional Development: Alina Bitel	Counselor Lounge	

Creating and Understanding Effective Camp
Ritual, Tradition, and Programming
Wednesday, 10:00 AM

10:00 AM Pillar Session: Ritual	Location	Rain Plan
Tree Talk, Water Words	S'fat Porch (Benjamin Village)	
Give Peace a Chance	Leadership Center	
Throw Me a Life Jacket	Pool	
X's and O's of Great Programming	Dining Hall Fireside	
S'more Tradition: This is How We Do It!	Fire Circle	Lodge Aleph Basement
The Taste of Success: Food and Ritual in Jewish Life	Dining Hall Left Side	
Wrestlingod: A Physical Workshop (For Women)	Hockey Rink	
iPractice 3.0: Understanding and Developing a Personal Approach to Ritual	Creek (Meet at Gazebo)	
The Box Project	Arts and Crafts Bunk	
What's Your Bible? From Genesis to The Godfather to Gossip Girl	Meeting Room Gimmel	
Beyond the Rules: Judaism, Food, and Sustainability	Theatre	Leadership Center/ Meeting Room Hay
Liaison Professional Development: Scott Aaron	Counselor Lounge	

L'shma II: Leadership Programming
Wednesday, 11:30 AM

11:30 AM <i>L'shma</i> II	Location	Rain Plan
All Four Campers You'll Ever Meet	Arts and Crafts Bunk	
Bullying at Camp: It's Not the Jewish Way	Dining Hall Fireside	
On the DL: Delegation in Leadership	Leadership Center	
The L Word: Learning about Leadership	Meeting Room Gimmel	
How do we Pinpoint Jewish Teachable Moments?	Gazebo	
Camp to the Point: A Powerful Experience	Lodge Aleph Basement	

Leadership and Learning Through Lacrosse	Basketball Court	Dining Hall Left Side
Psychology of the Different Age Groups	S'fat Porch (Benjamin Village)	
The Name of the Game	Grass Area between Lodge Aleph and Lodge Bet	Lodge Aleph Basement/ Meeting Room Hay
A Three Minute Walk Through: How to Determine if it's Working in Three Minutes or Less!	Leadership Center/ Meeting Room Vav	
Everything I Need to Know About Communication at Camp I Learned from Wet Hot America Summer	Counselor Lounge	
Liaison Professional Development: Melanie Levav	Theatre	

**Building and Maintaining Healthy Relationships
Within the Camp Community
Wednesday, 3:30 PM**

3:30 PM Pillar Session: Relationship	Location	Rain Plan
Praying with Your Heart	Hiking Trail (Meet at Flag Pole/Plaza)	
Guess Who? Building Stronger Relationships by Asking Better Questions	Dining Hall Left Side	
"I Remember When You Were a Camper": Reevaluating Our Relationships with First-Year Counselors	Leadership Center/ Meeting Room Vav	
"Let Me Tell You a Story" Red Auerbach, Role Modeling, and Group Sharing	Creek (Meet at Dining Hall Porch)	
#FJC10 Kosher Communication	Amphitheatre	
How Do You Say, "I AM"?	Lodge Aleph/Meeting Room Hay	
Phight the Phish: A Physical Workshop (For Men)	Pool	
Sacred Relationships: Making the Most of Camp Time/Space	Gazebo	
I got Skillz!: Building a Multidisciplinary Team at Camp	Arts and Crafts Bunk	
The Snowflake Principle: Embracing Difference Within Our Camp Communities	Lodge Aleph Basement	
What Drives Me?	Meeting Room Gimmel	
Liaison Professional Development: David Bryfman	Counselor Lounge	

Intensive Part III: Bringing it Back to Camp (BBC)
 Wednesday, 5:00 PM

5:00 PM Intensive Part III: BBC	Location	Rain Plan
Woman Power! Finding Your Voice	Leadership Center/ Meeting Room Zayin	Lodge Aleph Basement
Let the Games Begin!	Meeting Room Gimmel	
Up the River with a Paddle: Using the Waterfront to Strengthen Communities	Theatre	
"There's No Crying in Baseball (or Judaism, for that Matter)—But There Could Be!"	Basketball Court	Leadership Center
Cornerstone Sing Off: Music to my Ears All Day Long at Camp	S'fat Porch (Benjamin Village)	
Man Up	Leadership Center/ Meeting Room Vav	Lodge Aleph Basement
Get Up, Stand Up	Dining Hall Left Side	
Fun vs. Education: Texts Can Be Fun!	Flag Pole	Lodge Aleph Basement/ Meeting Room Hay
3D Art with 4D Glasses: Beauty is in the Eye of the Beholder	Arts and Crafts Bunk	
Think Globally, Act Locally	Dining Hall Fireside	Counselor Lounge
Ohm...nom nom nom: Teaching Jewish Meditation	Lodge Aleph Basement	Theatre Stage

Note: On the map at the end of this manual, the Leadership Center is listed as Benjamin Ulam.

Camroom Locations
 Monday, Tuesday, and Wednesday

Camp	Location of Camroom
B'nai B'rith Beber Camp	Meeting Room Gimmel
B'nai B'rith Camp	Theatre
B'nai B'rith Perlman Camp	Meeting Room Gimmel
Camp Avoda	Dining Hall Left Side
HD Camp Galil	S'fat Porch (Benjamin Village)

Camp Interlaken JCC	Middle of Amphitheatre Staircase
Camp JRF	Dining Hall
Camp Judaea	Counselor Lounge
Camp Kadimah	Dining Hall
Camp Laurelwood	Amphitheatre
Camp Livingston	Arts and Crafts Bunk Picnic Tables
HD Camp Miriam	S'fat Porch (Benjamin Village)
Camp Moshava (Ennismore)	Grass area between Lodge Aleph and Lodge Bet
Camp Mountain Chai	Amphitheatre
Camp Ramah Darom	Lodge Aleph Basement
Camp Ramah in California	Lodge Aleph: Meeting Room Hay
Camp Ramah in Canada	Lodge Aleph Basement
Camp Ramah in New England	Lodge Aleph: Meeting Room Daled
Camp Ramah in the Berkshires	Lodge Aleph Upstairs
Camp Sabra	Grass Area between Lodge Aleph and Lodge Bet
Camp Solomon Schechter	Lodge Aleph
Camp Tawonga	Top of Amphitheatre Stair Case
Camp Tel Yehudah	Counselor Lounge
Camp Wise	Theatre Stage
Camp Yavneh	Dining Hall Left Side
Camp Young Judaea-Texas	Counselor Lounge
Herzl Camp	Dining Hall
JCC Camp Chi	Theatre
JCC Ranch Camp	Theatre
New Jersey Y	Theatre
Pinemere Camp	Theatre
Surprise Lake Camp	Arts and Crafts Bunk Picnic Tables
URJ Camp Coleman	Leadership Center
URJ Camp George	Leadership Center
URJ Camp Harlam	Leadership Center
URJ Camp Kalsman	Leadership Center
URJ Crane Lake Camp	Leadership Center
URJ Greene Family Camp	Leadership Center: Meeting Room Vav
URJ Henry S. Jacobs Camp	Leadership Center: Meeting Room Vav
URJ Joseph Eisner Camp Institute	Leadership Center: Meeting Room Zayin
URJ Olin-Sang-Ruby Union Institute	Leadership Center: Meeting Room Zayin

Cornerstone Faculty Biographies

Sarra Alpert (returning)

Sarra Alpert, third-year faculty, lives in Brooklyn and works as the New York City Program Director for AVODAH: The Jewish Service Corps, a year-long service program where participants work as full-time employees at anti-poverty organizations, live in intentional community, and engage in Jewish learning. Sarra spent fourteen summers at Camp Ramah in California: as a camper, counselor, special needs counselor, drama specialist, teacher, unit head, special needs unit head, and *rosh hadracha* (head of staff training and leadership development). She misses the taco salad dinner, Shabbatograms and (oddly enough) staff meetings. Before working at AVODAH, Sarra taught at NYU for four years in the Expository Writing Program, and taught at a wide range of Hebrew schools. Sarra has BAs in Literature/Writing and Study of Religion from UCSD and an MFA in Fiction from NYU. She enjoys Shabbat dinners, reading on the subway and walking around New York.

Jonah Canner (new)

Jonah is an educator based in New York. He is the Co-Founder and Educational Director of The Fertile Grounds Project, an Educational programming and consulting organization that works with NYC schools and operates a summer camp for NYC youth. Jonah was a founding Teacher at the Community School for Social Justice in the Bronx, where he designed and implemented curricula; developed performance based assessment measurements; served on the school's strategic planning committee; and mentored many students through their journeys toward graduation. Jonah began his career in education at Camp Shomria where he was a camp counselor, head counselor and eventually camp director. Jonah received his Masters in Education from the New School University in New York. He currently writes an advice column for educators on the Institute for Democratic Education in America website, www.democraticeducation.org

Abby Gondek (returning)

Abby Gondek, second-year faculty, is originally from Moreno Valley, California. She has also lived in Thousand Oaks and San Diego, CA, Waltham, MA, and in Northeastern Brazil. She currently lives in Brooklyn, NY. She earned an MA in Women's Studies from San Diego State. Abby's thesis research involved interviews with Afro-Brazilian Jewish women and Abby presented her findings through interactive theatre performances and discussions. Abby was a camper from 1992-1997 at the Union for Reform Judaism's Camp Swig, an Avodah-nick and a CIT at URJ Camp Newman in 1998 & 1999, a counselor at Newman and Swig from 2000-2002 and a *rosh eidah* at Newman in 2004. Abby enjoys West African dance, yoga, capoeira, and journal writing.

Jen Gubitz (new)

Jen lives in Brooklyn and is a third year rabbinical student at Hebrew Union College. A graduate of Indiana University, Jen spent 13 summers at URJ Goldman Union Camp Institute (GUCI) in Indiana where she worked as Head Songleader and Education Program Director. She also spent 2 summers at URJ Kutz Camp, first as a camper and years later as Head Songleader. Post college, Jen worked in Washington, DC, as a Legislative Assistant at the Religious Action Center of Reform Judaism and as the Israel Education Fellow at Hillel's Schusterman International Center. In recent years, Jen has worked with an Israeli prison rehabilitation program and created Jewish resources for the ONE Campaign's ONE Sabbath initiative. She has filled a passport traveling in Europe, loves IU Basketball (even in their off years – which is most years), iced coffee with coffee ice cubes, and of course, camp.

Josh Lake (returning)

Josh Lake, longtime faculty, is the founder and guide for Outdoor Jewish Adventures. Josh leads outdoor experiences for Jewish camps, youth groups, day schools, synagogues and private groups. He has worked

with many Jewish camps, including: Camp Solomon Schechter, Camp Wise, Surprise Lake Camp, Camp Tawonga, Camp Ramah in California, Hess Kramer/Hill Top Camp(s), Camp JCA Shalom, Y-Country Camp, Camp Coleman, Pinemere Camp, Camp Ramah (National), Camp Young Judaea Texas, and Camp Alonim. Josh's passion is Creation, wilderness and connecting people with wild, spiritual adventures that abound in nature, and connecting them with their Jewish roots (*shoreshim*). Josh, who has an MA in Jewish Education from the Jewish Theological Seminary, currently resides in Oregon, and can be found exploring the wilds of the Pacific Northwest. Whether hiking in Nepal, camping in the Sierra Nevada, backpacking the Judean Desert or exploring the wilds of Los Angeles and NYC, Josh is always looking for fellow adventurers!

Joy Langer (new)

Joy Langer is an art educator, as well as an award-winning mixed media artist and muralist. She lives in NYC, but previously lived for 3 years after making aliyah to Israel. A graduate of LaGuardia High School of Music and Art, Joy continued her art education at The Fashion Institute of Technology where she received an Associate Degree in Fine Art in 2001. In 2003, she received her BFA from The Art Institute of Boston with honors. She has exhibited her art in New York, Boston, and Jerusalem. Joy teaches professional development courses, as well as literacy through the arts as an artist in residence for LEAP NYC in the NYC Public Schools, and she runs camps and programs at the Riverdale YM-YWHA. Joy has been involved in Young Judaea as a participant and educator since 1992. You may view her work at www.joylanger.com.

Jon Adam Ross (returning)

Jon Adam Ross, longtime faculty, is a widely acclaimed Jewish theatre artist. He has created original works in both the commercial and educational spheres. Holder of a BFA in Acting from NYU Tisch, Jon has performed his one-man show, *Walking in Memphis: The Life of a Southern Jew*, off-Broadway and around the globe. A founding company member of *Storahtelling* and the *Northwoods Ramah Theater Company*, he is currently touring with his new solo show, *God of Our Fathers*. Jon's acting roots stem from his long-term association with Camp Ramah in Wisconsin, where he serves as Director of the Performing Arts. For more, visit www.jonadamross.com.

Dave Siegel (returning)

Dave Siegel, second-year faculty, received his BA in Politics, Philosophy, and Law from Binghamton University and has received MAs from both New York University's Robert F. Wagner Graduate School of Public Service and the Jewish Theological Seminary's William Davidson Graduate School of Jewish Education. He is currently Youth Director for Metropolitan New York United Synagogue Youth (USY), manages the Jewish Theological Seminary Press, and attends the Rabbinical School at JTS, focusing on leadership and professional development in the Jewish community. Dave grew up attending a local camp and spent one summer at Camp Eisner in Massachusetts. Dave has worked as Director of Special Projects at the 92nd Street Y, as a Staff Advisor at Camp Ramah in the Berkshires, as a camp counselor at the Pines Hotel, and as the Assistant Camp Director at Kutshers Country Club. Dave enjoys sports, being outdoors, Jewish learning and catching up on current events and politics.

Abby Uhrman (new)

Abby is PhD a student in Education and Jewish Studies and adjunct faculty member at New York University. She is also a program officer at the Hebrew Charter School Center, working to develop a network of Hebrew language charter schools throughout the country. A native Californian, Abby has spent ten summers at Camp Ramah in California. In addition to her years as a camper, Abby was a counselor, unit head, coordinator of a vocational program for staff with special needs, and director of staff development. Abby enjoys pottery, running, yoga, and traveling, and she lives with her husband (who she met at camp!) in New York City.

Seth Wax (returning)

Seth Wax, second-year faculty, is currently studying in the Rabbinical School at Hebrew College, Newton, MA. He is a meditation instructor at Nishmat Hayyim: The Jewish Meditation Collaborative of New England. Seth holds an MTS in Buddhist Studies from Harvard Divinity School with a focus on philosophy and meditation theory. He has been trained at the Teva (Nature) Seminar on Jewish environmental education. He's been involved in Jewish education for ten years, including the last six at the Prozdor Hebrew High School of Hebrew College in Boston, and spent time as a camper at JCC Camp Kingswood in Bridgton, ME. Seth studied in Japan and Nepal with Buddhist monks and has great stories to share about traveling there and in Australia, Thailand and India.

Efraim Yudewitz (returning)

Efraim Yudewitz, second-year faculty, dedicates his life to both formal and informal Jewish education, a passion developed at Camp Yavneh, where he has spent 5 years as a camper and 6 years on staff. Efraim graduated from Rutgers University with a BA in Jewish studies. In addition to teaching at Prozdor, the Hebrew High School program for Hebrew College in Boston, Efraim is employed full time at Gann Academy the New Jewish High School of Greater Boston, where he works as Associate Director of Admissions. Efraim facilitates prospective students' transitions into Gann's culture, while enabling positive High School experiences. Efraim's favorite honor at Gann is coaching the Boys' Varsity B basketball team where he has had a winning record in his first three years in the program. Efraim has been both a Cornerstone Fellow and Liaison, and is extremely excited about returning as faculty.

Educators**Dalia Davis (returning) – Dance Educator**

Dalia (Lockspeiser) Davis hails from Highland Park, NJ. She double majored in Dance and Jewish History at Barnard College, studied for a year at Nishmat's Jerusalem Center, and completed a two-year program at YU's Graduate Program for Advanced Talmudic Studies for Women. Dalia enjoyed being a Mach Hach camper at Camp Moshava of Wild Rose, a Camp HASC special needs counselor, and an educator for Nesiya Institute's Israel summer program. Dalia also served as a college campus coordinator helping students craft pro-Israel programming. She was also a co-founder and choreographer for Nishmat Hatzafon Jewish Women's Performing Arts Company. Dalia is currently an instructor for the Merkavah Women's Torah Institute, exploring the Bay Area dance world, and teaching in a variety of venues. She is very much looking forward to her third year as part of the Cornerstone faculty!

Noam Katz (returning) – Music Educator

Noam Katz, second-year faculty, is a rabbi, educator, songleader, composer and social activist, who has brought his passion for Jewish music, worship and education to audiences throughout North America, Israel, and Africa. Noam graduated from Brown University with a AB in English and Theatre, taught English/World Lit. and Drama in the Boston public school system. Noam lived and volunteered with the Abayudaya Jews of Uganda, a life-changing experience that, coupled with his trip to El Salvador as part of an AJWS Rabbinical Student Delegation, profoundly influenced his music and commitment to pursuing global justice. Noam draws extensively from his 20+ years as a camper, counselor and head music specialist at the URJ Eisner and Kutz Camps, and has performed at URJ Biennials, CAJE, Limmud-England, BBYO International Convention and NFTY Convention. Noam received his rabbinic ordination from Hebrew Union College-Jewish Institute of Religion and a master's Degree in Jewish Education from the Rhea Hirsch School of Education.

FJC Staff Biographies

Sara Beth Berman

Sara Beth Berman, Project Associate at the Foundation for Jewish Camp, received a BS in Psychology from the University of Florida and an MA in Informal and Communal Jewish Education from JTS's Davidson School. Growing up, Sara Beth was active in both USY and her synagogue but it is waterskiing, a skill she learned at Camp in rural GA that Sara Beth credits as her entry into Jewish education. Sara Beth has worked on a variety of summer programs, including as a USY on Wheels staff member, at Camp Ramah Darom, as a counselor, waterskiing instructor, lifeguard and unit leader, and at Camp Interlaken JCC, as program director. Sara Beth has worked at Camp Ramah in the Berkshires and Storahelling, and she also has worked in Human Resources at Penguin Group (USA). Sara Beth enjoys Diet Coke, Israel education, traveling, telling camp stories, driving boats and buses, and eating.

Sarah Kreps

Sarah is the Events Manager for the FJC and is responsible for overseeing the coordination and logistical support of all FJC programs, events, and activities. With experience in special event planning and production, Sarah has used her creativity and problem solving skills to coordinate high-profile corporate and private events at venues in New York City and tri-state area. A graduate of Indiana University with a Bachelor of Arts degree in Psychology and a minor in Business, Sarah has always wanted to work in the nonprofit sector. A New Jersey native, Sarah can't imagine her childhood without the nine wonderful summers she spent as a camper and counselor at Camp Taconic in the Berkshires Mountains. Through her efforts at FJC, Sarah hopes to provide other children with similar memorable camp experiences.

Rabbi Avi Orlow

Avi is our Jewish Education Specialist. Before joining the Foundation for Jewish Camp Avi was the Campus Rabbi and Assistant Director of the St. Louis Hillel at Washington University for four years. Prior to this experience, he held numerous positions as rabbi, educator, and youth leader. Avi spent 17 years as a camper and then educator at Ramah Camps in Pennsylvania and Wisconsin and YUSSR camps in the Former Soviet Union. Avi has a BA in religious studies from Columbia University. He was ordained in the charter class at Yeshivat Chovevei Torah, the open Orthodox rabbinical school. Avi lives in White Plains with his wife, Cantor Adina Frydman, and their children Yadid, Yishama, and Emunah.

Rabbi Eve Rudin

Eve, FJC's Director of the Department of Camp Excellence and Advancement, is responsible for overseeing FJC's camp grants, professional development programs and trainings, and initiatives. Before joining the Foundation for Jewish Camp, Eve served as Director of the Union URJ Kutz Camp. A product of the Reform Jewish movement, she graduated with a BA in Near Eastern and Judaic Studies from Brandeis University in 1992, served as the Assistant Director of North American Federation for Temple Youth (NFTY) for three years, and was then ordained from HUC-JIR in May 2000 during which she was awarded a Wexner Graduate Fellowship. Eve served as the NFTY Director for five years. Her undergraduate thesis was on the history of the founding of Reform Jewish camping, and her rabbinic thesis studied the early history of *HaShomer HaTzair* as it developed from a European-based youth movement to an Israeli political party. Eve lives in Tarrytown, New York with her daughter, Emma.

Rebecca Shimshak

Becca Shimshak is FJC's Program Manager in charge of Cornerstone. She received her undergraduate degree from Harvard University where she majored in psychology. Becca established REACH, a free Mentoring/tutoring program as part of the OPTIONS Center for Educational and Career Choice at Goddard Riverside Community Center. Rebecca continued her work in education administration, serving as

Special Assistant to the Director of Literacy for the New York City Department of Education, organizing and overseeing professional development events for teachers, coaches, principals and superintendents. Becca began her fourteen-year tenure of camping at age four in the Gan (nursery) while her mother taught Hebrew at Camp Yavneh in Northwood, New Hampshire, where she met her husband, Steve. Camp ruach (spirit!) has enriched Becca's life tremendously and she aims to enrich the lives of others through her work at the Foundation for Jewish Camp.

Jenni Tandet

Jenni is originally from South Florida, but currently resides in Manhattan. As the Program Assistant in the Camp Excellence and Advancement Department, she works on FJC's professional development programs. Jenni graduated from Boston University in 2008 with a Bachelor of Science in Communication and a minor in Judaic Studies. She spent nine summers at URJ Camp Coleman as a camper and counselor, and was even a Cornerstone Fellow. She also spent one summer at both URJ Kutz Camp and URJ Henry S. Jacobs Camp. In her spare time Jenni enjoys walking around New York City, watching reality television, playing Jewish geography, reading google reader and lounging around her apartment in sweatpants. Jenni loves having her days revolve around camp once again!

Jewish Agency for Israel Staff

Shalom Orzach (returning)

Shalom is currently the AVI CHAI Foundation Project Director in the Education Department of the Jewish Agency for Israel, managing various projects that seek to enhance Israel education in residential camps in North America. Born in England, Shalom has a bachelor's degree in psychology, and a post-graduate degree in Judaic studies. Shalom was a faculty member at *Melitz*, directing the department of encounters between Israeli religious and secular youth. In the States, he served as the central shaliach for United Synagogue Youth (USY), and as education director at Camp Ramah in the Poconos. On his return to Israel, he directed the Overseas Department at *Melitz*. Shalom was a scholar on the prestigious Jerusalem Fellows Program after which he served as the Executive Director of Jewish Renewal for United Jewish Israel Appeal (UJIA) for two years in the United Kingdom. He and his wife Stephanie are the proud parents of four children and reside in Jerusalem.

Event Staff

Simcha Cohen (returning)

Overnight Jewish summer camp has been a part of Simcha's life since...well... he was 2 years old. Since then he has spent the past 23 summers at Camp Interlaken JCC in Eagle River, WI holding a gamut of positions - from staff brat, camper, counselor, specialist, unit leader, and administrative staff. While not at camp, Simcha works at Gann Academy: The New Jewish High School of Greater Boston as an Experiential Educator coordinating non-academic programs, grade level retreats and Exploration Week, a school wide alternative program. Simcha received his B.A. from the University of Wisconsin-Madison. He spent his junior year in Israel and then later participated in Project OTZMA. Simcha is a graduate of the FJC Cornerstone and CALL Fellowship programs.

Mike Landes (new)

Mike Landes grew up in the boondocks of western Massachusetts. He now lives in Manhattan, attending Columbia University and the Jewish Theological Seminary (no, he's not going to be a rabbi). He works for the JCC of the Palisades in Tenafly, NJ, writing a curriculum for a program he's also facilitating called the Teen Philanthropy Institute, which focuses on teaching kids how to give philanthropy in an educated and Jewish manner. He's gone to Camp Ramah in New England his entire life as a camper, a counselor, and a teacher in the education program. He loves frisbee and tackle football, playing the guitar, singing and

arranging music for his a cappella group, and watching sketch comedy shows. Chances are, if you're doing something that encourages competition, he'll try to beat you—but he promises he'll be quite nice about it!

Ariella Rosen (returning)

Ariella was born in Baltimore, MD but grew up in West Hartford, CT. She graduated last year from List College, the joint program between Columbia University and the Jewish Theological Seminary, where she majored in psychology and *midrash*, respectively. Still in New York, she is now spending her time working as the assistant to a synagogue education director, tutoring, doing library research, and enjoying a (temporary) non-academic lifestyle. This fall, she will begin her studies in the Rabbinical School at JTS. Ariella spent five summers as a camper at Camp Ramah in New England and five summers on staff, all with the *Tikvah* (special needs) program. She is planning on returning to camp for a second summer as the division head for *Tikvah*. In her spare time Ariella enjoys playing ultimate frisbee, walking around New York, reading books outside, and checking out farmer's markets.

Leah Schwartz (returning)

Leah Schwartz is thrilled to be a Cornerstone intern again this year. Leah joins us after taking part in both the Cornerstone and CALL (now Launch Pad) programs, as well as interning for Cornerstone for the past two years. Her camp of choice is Capital Camps (home of Cornerstone 2010), where she has spent a total of 15 summers...thus far. Waynesboro, PA has become Leah's second home. When not participating in Jewish camping-related programs, she spends her time teaching special education religious school classes and working with children of at risk populations, ages 3 to 7. In college, Leah studied elementary and special education, as well as family studies with a concentration in services to children. Leah's two passions are music and working with children. She also enjoys participating in local theatre productions. Leah cannot wait to begin another fabulous Cornerstone experience.

About the Foundation for Jewish Camp

The Foundation for Jewish Camp unifies and galvanizes the field of Jewish overnight camp and significantly increases the number of children participating in transformative summers at Jewish camp, assuring a vibrant North American Jewish community.

Our Vision

Summers at Jewish overnight camp turn Jewish youth into spirited and engaged Jewish adults, laying the groundwork for strong Jewish communities. The Foundation for Jewish Camp aspires to elevate the field of Jewish camp, conferring proper recognition and granting appropriate support to expand its impact across our community, so that camp can be a critical element of every Jewish young person's education.

Our Strategy

The Foundation creates inspiring camp leaders, expands access to and intensifies demand for camp, and develops programs to strengthen camps across the Jewish spectrum in North America. Through strategic partnerships on local and national levels, FJC raises the profile of nonprofit Jewish camp and serves as a central resource for parents and organizations alike. FJC works with more than 150 camps, 70,000 campers, and 10,000 counselors across North America to further its mission.

For more information on our organization, please visit www.jewishcamp.org.

Stay Connected: We met at the mingle...

Name	Camp	Program Idea	Email

Bringing it Back to Camp	Bringing it Back to Camp
Fellow Name:	Fellow Name:
Title of Session:	Title of Session:
Session Overview/"Big Ideas"	Session Overview/"Big Ideas"
3 ideas or activities that might work at our camp: 1. 2. 3.	3 ideas or activities that might work at our camp: 1. 2. 3.
When will we be able to integrate these ideas/ activities into camp? Be specific.	When will we be able to integrate these ideas/ activities into camp? Be specific.
Other thoughts or feedback:	Other thoughts or feedback:

Bringing it Back to Camp
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Other thoughts or feedback:

Cornerstone Song

Music and Lyrics by Noam Katz

Oh, whoa, whoa...

*Pitchu li sha-arei tzedek
Avo vam odeh Yah*

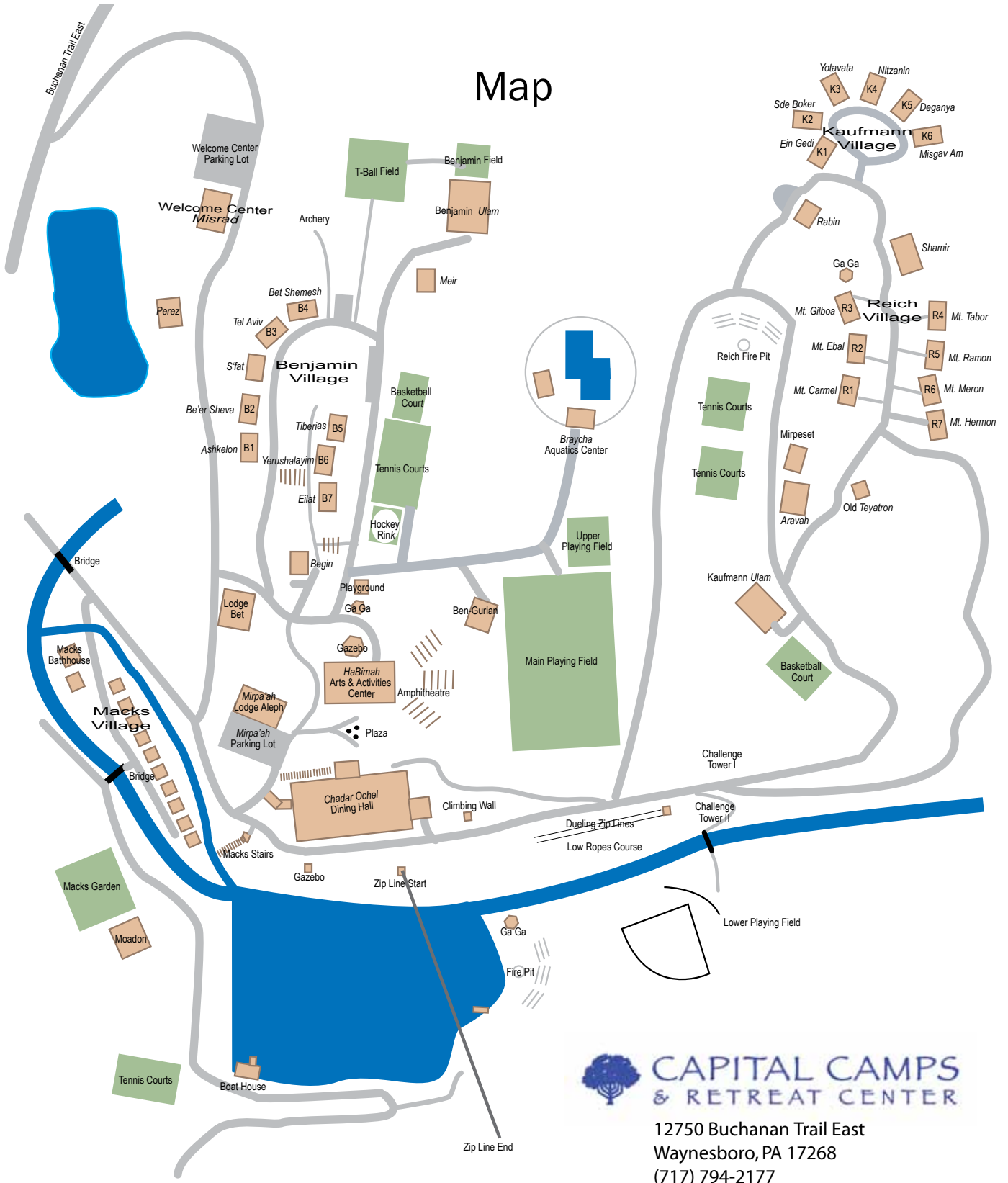
*Even ma'asu ha-bonim
Hai-tah hai-tah l'rosh pinah*

Open the gates of justice
So I may enter and celebrate your name
Build a place where no stone is rejected
For you may find your Cornerstone...

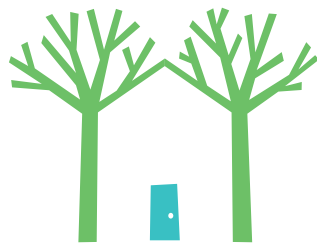
Oh, whoa, whoa...

(Based on Psalm 118:19, 22)

Map



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